



Inspired by her dad, Genevieve Bourdelais (8) cooks her favorite dish. spaghetti and meatballs. "Cooking helps me distract myself and helps me do something with my life and not sit and do nothing," Bourdelais said. This dish is a special to her because it is a family recipe. "It's been a big part of my family for years," Bourdelais said. Since this has been in her family for years she has come to realize that it is her favorite thing to cook. "I get to be creative, and I get to put whatever I desire in it." Bourdelais said. Genevieve and her family like to make this dish in the fall and winter. They make this in the winter because spaghetti and meat balls are hot also they feel that it is best to make it when it's colder outside. Prote by Phones Vanolet Plot.



## **ESCAPING** REALITY THORUGH SKATES

Written by Alice Wiras.

Inspired by her sister Alexandra Doe (7) does speed skating. "My sister, I was curious to see what she was doing. So I went along and the next week I started speed skating," Doe

said. Her sister was a big influence to that she does now. She saw her sister doing speed skating and wondered if it would be fun! It was! Doe likes to do speed skating because she gets to compete and likes to hang out with her friends. "I get to compete and that I get to hang out with my friends." Doe said. Motivated by her sister Doe started speed skating ending up laving it!





Student Sienna Fredrickson (8) has made honor roll two quarters in a row. She is in advanced Language Arts because she likes to be more challenged. Sienna's favorite part

of advanced Language Arts is writing. She writes creative stories and essays. "Being in an advanced class makes me feel more challenged." Fredrickson said. Sienna likes the feeling of being separated from others. She likes to make her parents proud by being in advanced classes and making hono roll. She has been in advanced language arts for two years now and feels confident in writing and reading difficult articles. mos &





You just have to get the hang of stitches, what thing you have to press, seem, and sew together, but





when I need help, and focus on my work and not my surrounding. I want soods grade to get nto a good college and get a good

## 1.Play Your Same

Maxwell Foster (7) played flag football this year. It was his first time playing a real game and being in a game environment. oster found his first. season very successful and he wants to play football next year as well. "If you don't have sportsmanship then the game would just be toxic and you would

Foster said. Photo by Kerne Murute 2.Ready, Set, Hiko Ethan Moliner (8) runs the ball up the field in attempt to get a touchdown for his learn. "When the tearn understood what we needed to do and tried to pass to players this. made me feel happy because other people got a chance to get the ball and get excited," Moliner said. Prote to Kace Mireda J. Delermi

Jackson Meyers (8) is determined to run the ball across the end line and get a touchdown. He thinks that respect is a big part of playing a sport well. "You got to show respect, that is







ays a key part in playing ports." Meyers said. Photo by on Mounts 4.Roshing with the Carlos Wong (8) runs he ball down the field to core a touch down. "I don't really care if we win because it's a good experience to learn from." Wong said. Moto by Racei



## Written by Havana Vander Pol

## FIGHT FOR VICTORY

Home is where the field is for some players. Carlos Wong runs the ball in flag football. Wong got into football when he was younger and he has loved it since. Wong taught himself football and he loved playing it instantly, "Football is my day one sport," Wong said. Wong plays football outside of school as well. He uses football to help relieve any stress or anger. He finds football as a stress reliever which is also why he loves it. He

decided to do flag football because he feels like it is a safe environment for him. Wong loves the feeling he gets from football, and he thinks competition is needed for sports. He naturally has passion, thats why he also likes football. He thinks commitment is needed for football which is why he loves that sport. "I love the competition," Wong said, "If you're not competitive then what's the point of playing."