# NOGRASS S NO

# A successful first year for girls flag football at Legacy High School

The first girls flag football team took the rough start because of everybody season head on and made long lasting friendships and bonds this season. Senior Ashlyn Volk said, "It's a really strong connection and we all have gotten so close which is crazy considering there are 40 of us, I'm really grateful that I got to meet the girls because I definitely would have not met them outside of flag football." This season set the tone for the sport with how incredible their connection was. The team definitely made its mark this season with 40 girls joining. The girls showed up and came together as a big family no matter what the circumstances were. Flag football caused incoming freshmen to make new friends and memories while being new to Legacy. It definitely wasn't easy at first, but every girl pulled their weight to make it a great season. Freshman Jaden Havens said, "It was rough at first just because it was new to all of us, but it definitely got better. Once we all started to get to know each other." Haven had fun with the girls and playing football but noted that it was a

having to learn the sport and how to work together as a team. Freshman Gianna Schidmt said, "I was interested in joining the team because I participated in powder puff last year at my previous school and I would always play football with my brothers and their

"THE TEAM

FELT LIKE A

HERNANDEZ

FAMILY."

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(11)

friends growing up." Schimdt felt excited when she knew she could play football competitively at a new school, but also an opportunity to make new friendships to have

throughout high school. The girls made it to regionals as the first season of girl's flag football at Legacy. And while the team didn't make it to state, they were happy with becoming so close. copy by taylyn richard

NICE CATCH

Warming up for the Arvada West game, freshman Jaden Havens makes a catch. Havens joined flag football to meet people. "My favorite part of the season was just being at games. They were so high energy, and just getting to play was fun," said Havens. photo courtesy of abigail sibel

#### CAN'T CATCH ME

Jumping over the opponent, junior Lola Hen manages to get away with no flags pulled. It was a tough start for her but she enjoyed it. Hen said, "I was running to get a touchdown and the other team was trying to pull my flag." photo by zoey duchene

#### TOUCHDOWN

Junior Kayla Bishop runs from the defense. She enjoyed taking on a new fall sport. Bishop said, "Our first game was my favorite game because we were all just learning." photo by zoey duchene

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# FRIDAYSSFIRE

The girls worked really hard together this season and did nothing but lift each other up when they got knocked down. Team manager, sophomore Lola Barker said, " My favorite time during the week was after school on Fridays when coaches would

barbecue and we all kinda hang out

The team got together every Friday for a cookout and fun, bringing them closer on and off the field

> and get ready for our games on Saturday. Junior Elizabeth Gazaway talked about the deep connections amongst the team and found her love of sports again. Gazaway said, "My favorite moment this season was the cookouts, it brought us together and there was a lot of love especially for

the kids who didn't have an environment like we did at home." photo by zoey duchene

# GIRLS FLAG FOOTBALL | SPREAD BY: TAYLYN RICHARD & OLIVIA VANHOUTTE



### FLAG DOWN

Junior Ahilyn Hernandez pulls Chatfield's flag. She was awarded best player of the JV team. Hernandez said, "...I had the mindset of just wanting to join and do a fall sport at the beginning, but then making it as best player of JV was my biggest accomplishment of the season." photo courtesy of abigail sibel

## I GOT YOUR FLAG

Junior Arganne Coleman shows the flag she pulled from a Chatfield player. Coleman said, "Everyone was really close just because it was a new experience, everyone bonded well over not knowing how to play football which made us work together..." photo by zoey duchene

## HARD WORK PAYS OFF

Senior Charity Bowers grabs the flag of the opposing quarterback. During the first game Bowers originally started as a safety but soon progressed as the season went on. "Our rusher was out, so I played as a rusher and that's what I was for the rest of the season." said Bowers. photo by zoey duchene



EGIS

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Coaches Darren Clemenhagen and Jason Richards tackled the end of the season by stepping in as head coaches, leading the team to regionals

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Coach Darren Clemenhagen and Coach Jason Richards started as assistant coaches, and ended the season as co-head coaches. The coaches got to watch the girls accomplish a good season and make it to regionals for their first season. Unfortunately, Coach Clemenhagen had to take a leave at the end of the season due to health issues. Coach Clemenhagen said, "He [Coach Richards]

did an outstanding job with the girls after their head coach had to step down." And so Coach Richards stepped up to the position. "The girls needed a head coach and I had to be certified for the job, so I took care of that over the weekend and resumed next week to continue the rest of the season," said Coach Richards. photos courtesy of abigail sibel and jason richards



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Regis game, freshman wide receiver Jasmyn Blackwell avoids getting her flag pulled. She enjoyed her first season of flag football. Blackwell said, "My last game I scored a touchdown and I was proud of myself because I dropped so many balls in our first game." photo by zoey duchene

RUSHING TO THE GOAL

Going for the touchdown at the