



push your limits Abigail Adams strides for success at the Joe I. Vigil Invitational. She fights to keep her position as the race comes to a close.

finish strong Elizabeth McQuitty staying strong as she runs an amazing time of 19.19 at Joe I. Vigil. As the season continued to go on, she ran an overall record breaking time of 18.37 at State.

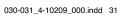


say cheese After every race the girls get together and talk about their performance and how every teammate contributed to the overall outcome of each meet.



girls cross country





MOSK