



LANDON LIDDELL '24 SOCCER

"I PLAY SOCCER MAINLY FOR **THE TEAM AND THE COMPETITIVENESS** OF THE SPORT. I HAVE PLAYED FOR A WHILE AND I **HAVE ALWAYS PLAYED TO WIN.**"



LIAM KISSELL '24 CROSS COUNTRY

"I LIKE CROSS COUNTRY BECAUSE I CAN **PUSH MYSELF AND GET BETTER** AND MY TEAMMATES GIVE ME **GOOD SUPPORT.**"



JACK COONEY '25 VOLLEYBALL

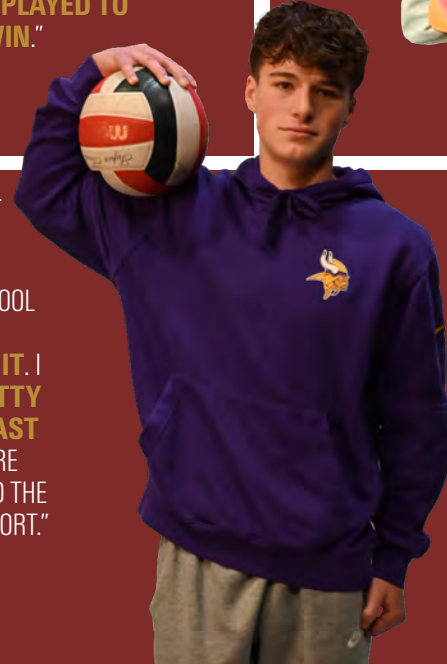
"I LIKE VOLLEYBALL BECAUSE IT'S A **VERY VERSATILE SPORT.** YOU HAVE TO DO A LOT OF DIFFERENT THINGS AND IT'S **VERY COMPETITIVE,** AND I LIKE THAT."



ADDISON HUMPHREY '25 VOLLEYBALL

"I **CHOSE** TO GO INTO VOLLEYBALL BECAUSE IT WAS SOMETHING MY DAD DOESN'T COACH. I **WANTED FREEDOM IN MY OWN SPORT.**"

LIAM MCGOVERN '24 VOLLEYBALL



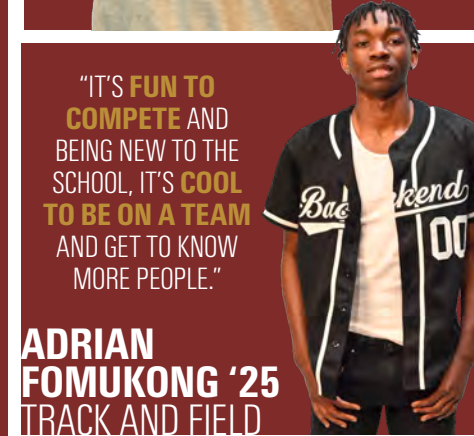
"I STARTED IN MIDDLE SCHOOL BECAUSE A LOT OF **MY FRIENDS WERE DOING IT.** I TRIED IT, AND I **WAS PRETTY GOOD** AT IT. I LIKE HOW **FAST PACED** IT IS, HOW YOU'RE MOVING AROUND A LOT AND THE **TEAM ASPECT** OF THE SPORT."



CLAIRE JACOBSEN '24 BASKETBALL

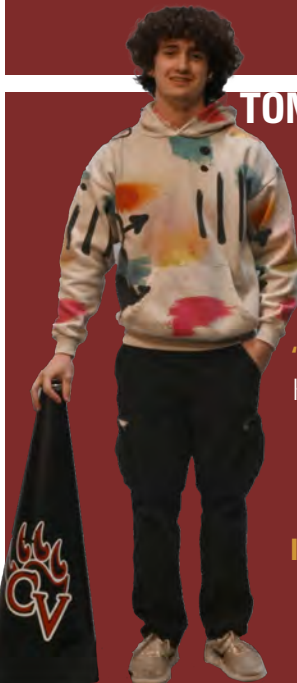
"THIS SEASON'S SWIM MEET HAS BEEN **EXTRA CHALLENGING** BECAUSE I **QUALIFIED FOR STATE** AND IF I MESSED UP, MY TEAM WOULD BE MAD, SO THAT **PUSHED ME TO BE BETTER.**"

ADRIAN FOMUKONG '25 TRACK AND FIELD



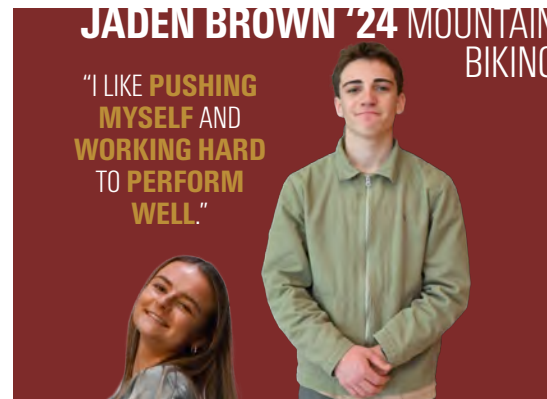
"IT'S **FUN TO COMPETE** AND BEING NEW TO THE SCHOOL, IT'S **COOL TO BE ON A TEAM** AND GET TO KNOW MORE PEOPLE."

"BASKETBALL HAS TAUGHT ME HOW TO **STAY POSITIVE** EVEN WHEN EVERYTHING **ISN'T GOING YOUR WAY.** MY FAVORITE PART ABOUT THE SPORT IS **ALL OF THE FRIENDS I'VE MADE** THROUGH IT."



TONY BROGAN '25 CHEER

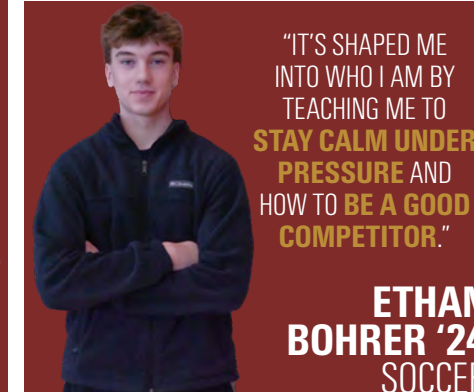
"**MY TEAM** IS WHAT KEEPS ME COMING TO PRACTICE EVERYDAY. **THEY DRIVE ME TO DO BETTER EVERYDAY** AND **IMPROVE** FOR THEM AND MYSELF."



JADEN BROWN '24 MOUNTAIN BIKING

"I LIKE **PUSHING MYSELF AND WORKING HARD TO PERFORM WELL.**"

LOGAN MYHRA '27 SWIMMING



"IT'S SHAPED ME INTO WHO I AM BY TEACHING ME TO **STAY CALM UNDER PRESSURE** AND HOW TO **BE A GOOD COMPETITOR.**"

ETHAN BOHRER '24 SOCCER



RYAN AGRESTI '27 LACROSSE

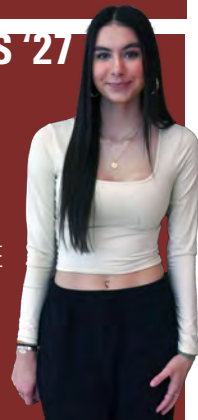
"I PLAY LACROSSE BECAUSE IT IS REALLY **FUN AND PHYSICAL.** I ALSO REALLY ENJOY **TRAVELING.** I REMEMBER GOING TO CALIFORNIA WITH MY TEAM."



"I LOVE THE PEOPLE I PLAY WITH, **THEY DRIVE ME TO DO BETTER** EVERYDAY I'M WITH THEM. I'VE DEVELOPED **STRONG AND LASTING FRIENDSHIPS** THROUGH IT."

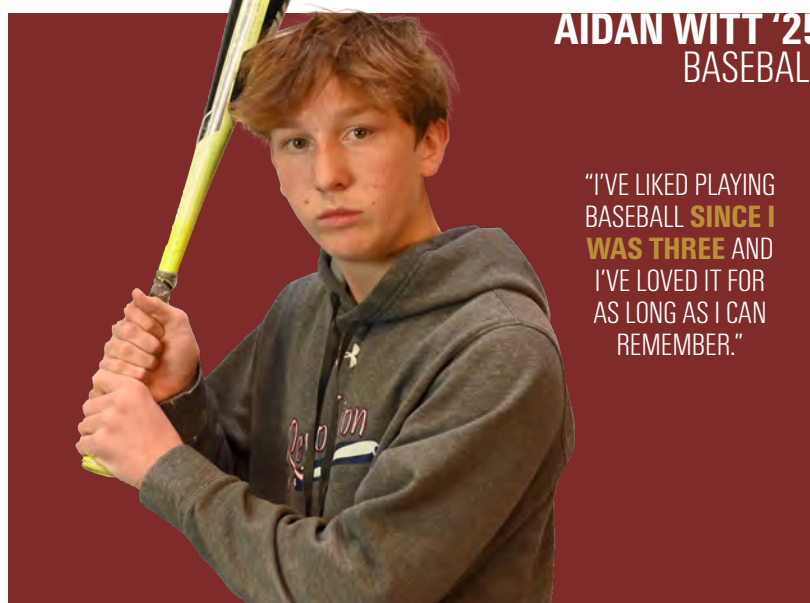
GABRIELLA SESSIONS '27 TRACK

"I LIKE THE **COMPETITION OF TRACK** AND I LIKE HOW EVERYONE IS **INVOLVED IN SOMETHING.** YOU COULD MAKE YOURSELF BETTER BUT THEN **WIN FOR YOUR TEAM AND YOURSELF.**"



ELLA REMY '24 SOCCER

"I THINK THE BEST THING ABOUT MY SOCCER JOURNEY WAS **COMMITTING TO NORTH ALABAMA.** I'VE BEEN PLAYING SINCE I WAS **TWO,** SO IT'S LIKE ALL OF THE **HARD WORK AND DEDICATION** I PUT INTO THIS SPORT **FINALLY PAID OFF.**"



AIDAN WITT '25 BASEBALL

"I'VE LIKED PLAYING BASEBALL **SINCE I WAS THREE** AND I'VE LOVED IT FOR AS LONG AS I CAN REMEMBER."

DAY BY DAY

GIRLS JV BASKETBALL FORM FAST FRIENDSHIPS



"I feel like we just clicked as a team right from the start because we have all known each other for so many years. I think as a team, we were really good at executing the plays our coach would draw up." ELLE FREIBERGER '25



"I thought we had really good team chemistry and really good win streak. We did better than most years in the past. We went up against some really good teams and pulled through, like Grand Junction." IVY BRIGGS '25



"I had a really good team. I had a lot of friends and we're all super good and worked well together. We had a good record. I also had some good experience with some of the coaches." KASH DITTENBER '26



PHOTO BY CECIL MARTIN



PHOTO BY CECIL MARTIN

READY TO WRESTLE

WRESTLERS BREAKDOWN WHAT THEY ENJOY ABOUT THEIR SPORT AND GREATEST MEMORIES

"I like slamming kids to the floor. I really like how aggressive the sport is and how everyone tries their best. You have to put 0 in a lot of effort to rise and go to a higher level. Mental discipline is also a big factor in what I like to do: cutting weight."

"Football is the main thing I do wrestling for. It keeps me on my best game and determined to do better. It makes me feel like I have something to work for and I can't just be lazy and bored."

PETER JEAN BAPTISTE '25 EASTON SCAFFIDI '27

IN THE MOMENT

CHEER DESCRIBES THE EVENTS LEADING UP TO THE COMPETITION AND HOW THEY COPE WITH THE NERVES

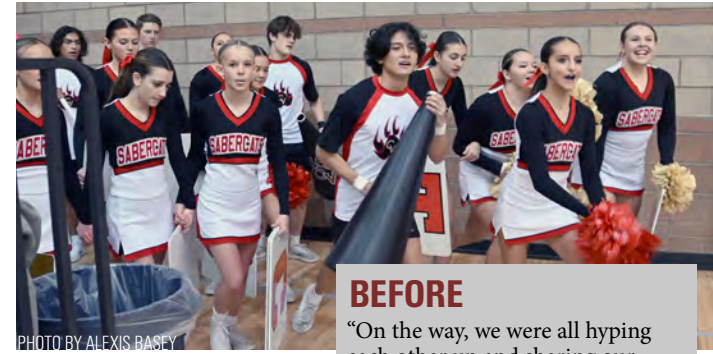


PHOTO BY ALEXIS BASEY

BEFORE

"On the way, we were all hyping each other up and sharing our nerves and excitement on the bus. I think it made us way better friends and closer as a team, which definitely helped our team perform better."

OLIVIA CORDOVA '27

DURING

"State was amazing. We performed well as a team. I will say, while waiting for results, we definitely were doubting ourselves. When we got our results and found out that we placed second, so many emotions went over us. We were proud, disappointed, happy, sad and so much more."

LUIS MELGAREJO '26

AFTER

"After state, we all sat down as a team and reflected. Our coaches definitely called us out, which gave us some dedication and motivation to work harder. We are now working so much harder."

ALYSSA ROLAND '27



PHOTO BY ALEXIS BASEY



PHOTO BY REESE PLUMMER



PHOTO BY REESE PLUMMER

LACE 'EM UP: Claire Jacobsen '24 puts up a lay-up in a one-on-one situation. Jacobsen took the momentum of the game after her play. "The intensity and pressure there is during the game is unmatched. You're performing for a large audience, and there's pressure to do good," Jacobsen said. "It's not just a regular game; it's the biggest game because you're playing for a title, not just a win." **BORN TO BRAG:** Elizabeth Mroz '25 shoots a mid-range pull-up. It brought the score to only a 10 point game. "Earning the title of the rock is very important," Mroz said. "It's bragging rights for a year, either you win or get backlash for a year."



PHOTO BY REESE PLUMMER



PHOTO BY REESE PLUMMER

DROWN IT OUT: Kenzie Tosch '25 lines up for a free throw. Using free throws, Tosch put her team two points ahead. "Playing in front of an audience like that is very intimidating, I try to drown it out," Tosch said. "When there's pressure, it's best to make it count."



PHOTO BY REESE PLUMMER

READY TO ROCK

VARSITY GIRLS BASKETBALL PLAYERS REFLECT ON THE PRESSURES OF RIVALRIES

UNDER PRESSURE: Olivia Loveland '24 drives toward the rim in an attempt to score. The girls trailed behind DC in all four quarters of the game. "The atmosphere of the CV/DC game was very intimidating. We are not used to playing in front of a crowd," Loveland said. **SHOOT AND SCORE:** Scarlett Beerbower '24 joins her team in a huddle

during a basketball game. The huddle was used to draw up a game plan for the following plays as CV tried to pull ahead in the game against DC. "This game was very challenging," Beerbower said. "Unfortunately, we didn't win, but the game was very fun and intense."

" EACH CV/DC GAME IS A BIT DIFFERENT. BASKETBALL IS FUN BECAUSE YOU CAN CHIRP AT THE PLAYERS. IT'S COOL THAT WE HAVE A TRUE TOWN RIVAL. NOT ALL SCHOOLS HAVE ONE."
 PEYTON RETTMER '24

SLAP SHOT

HOCKEY REFLECTS ON THEIR SEASON OF SUCCESS

"We had a really good team. We made playoffs, and we didn't make it last year."
STEVEN KANNENBERG '25

"We won a lot of games and lost a few too. We made it to playoffs which is a win, and overall it was pretty good season. I really liked going to North Dakota with the team."
MASON MARKS '25

"The season went alright. There were a lot of difficulties but also a lot of good times. I really liked going to North Dakota with the team. It was a good tournament and it really brought the whole team together."
LOGAN LUSSIER '25

"We had a really good season. My favorite memory was when we won the tournament at the beginning of the year."
TURNER HEFT '26



PHOTO BY REESE PLUMMER



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PHOTO BY COLTEN ROUIDOUX

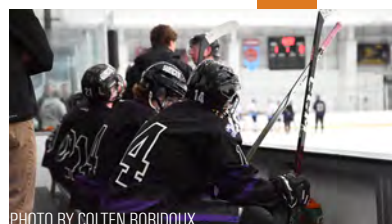


PHOTO BY COLTEN ROUIDOUX

GET PUMPED: Yelling loudly towards the court, Braden Taylor '25 cheers at the CV/DC basketball game on Jan. 26. He used the megaphone to amplify his voice and add more noise to the crowd. "I enjoyed how loud the crowd was when doing the chants," Taylor said.



PHOTO BY REESE PLUMMER



PHOTO BY NOAH SENDRAK



PHOTO BY REESE PLUMMER

GET ROWDY

STUDENTS GET ROWDY AT BOYS RIVALRY BASKETBALL GAME

BATTLE CRY: Eva Dellorco '24 and Charles Colombi '24 cheer on boys basketball. Win or lose, Dellorco and Colombi were responsible for leading the student section. "I have seen a lot of improvement in the student section. I am a part of 'Chaos' and I have seen so much change with the crowd involvement," Dellorco said.
COMEBACK SEASON: Keeping his eye on the ball, Parker Graham '25

defends the basket. Prior to the season, Graham had foot surgery. "Coach Crosby has helped me out the most," Graham said. "He's stuck with me through everything especially after my surgery."
CRAZY CALLS: Reacting to the referee's call, McKinley Wyatt '27 shouts in disbelief. Despite the tight score, the boys JV team lost. "The game was like really aggressive," Wyatt said.



THE GAME PLAY WAS **HIGH-ENERGY** AND A **FUN ENVIRONMENT**. WE PLAYED WELL AND I WAS REALLY **PROUD OF THE TEAM.**

CARSON AIKIN '27



PHOTO BY NOAH SENDRAK



PHOTO BY NOAH SENDRAK



PHOTO BY NOAH SENDRAK

Q+A

HOW DID YOU START PLAYING BASKETBALL AND WHERE DO YOU WANT TO GO?

"I started when I was five and I fell in love with it. My dad also played, so he wanted me to play and become a good player. I would love to play basketball at the college level and go to a good college and push myself."

ETHAN JOINER '27

WRESTLE WITH IT

GIRLS WRESTLING COMPARES THE CHALLENGES AND BENEFITS OF WRESTLING

"CV girls definitely get treated differently from DC girls and that definitely is a challenge."

EMILIANA MENDOZA '26

"My favorite part about wrestling is the people we are around. I have made so many friends."

ZARET SILVA LOPEZ '27

"My favorite part of wrestling is the glory and joy that I get out of real hard-work."

BREAUNNAH ROBLES '24



PHOTO BY ETHAN SCOTT



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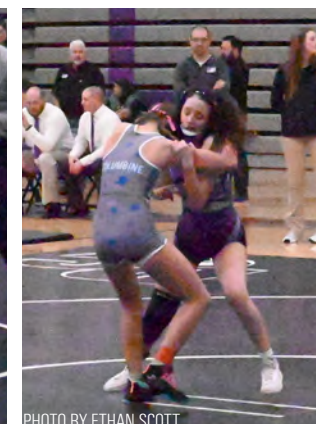


PHOTO BY ETHAN SCOTT