

# QUEUE THE FIGHT SONG

Centaurus Cheerleaders support football and basketball during their seasons, and they have competitions in the fall and winter.

## COACHED BY THE BEST: WYOMING CHEER

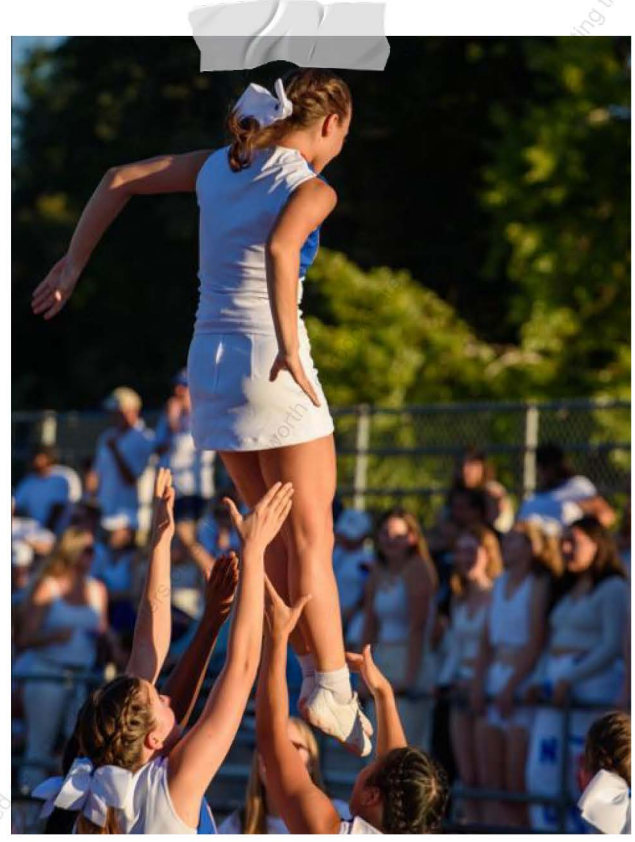
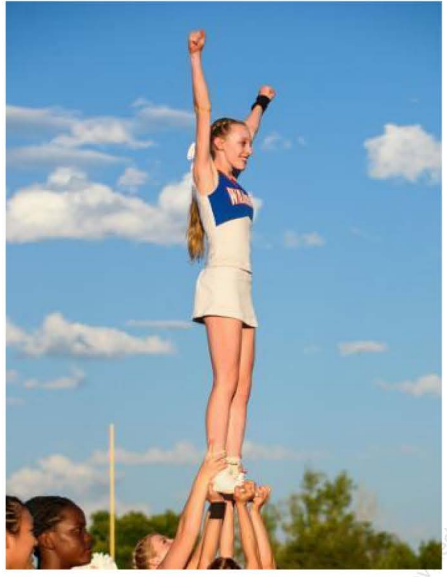
CHS Cheerleaders pose with University of Wyoming coaches and cheerleaders at a 3-day summer clinic.



The summer clinic helped Centaurus better their stunting, tumbling, teamwork, and dance skills. "Camp was challenging at times, but I think that it had a huge impact on our team dynamic and it brought me closer to a lot of my teammates. I had a great time," Libby Wheelock (10) explained.



**ALWAYS IN SPIRIT** Sara Christ (10), Kennedy Holtsnider (10), and Libby Wheelock (10) pose for a photo during a game. "My favorite moment was the game against Hinkley where the student section was small due to the pouring rain, but there was so much energy coming from the team and the bleachers." Holtsnider remembers. photo donated by lucas weiss **GOALS FOR SUCCESS** Leona Gyorffy (9), Aubrey Carlgren (9), and Izzy Trojanovich (9) cheer at their first football game. When asked about why she likes cheer, "I did gymnastics but I like cheer because of the team and the amazing feeling when we hit a routine," Gyorffy shared. photo donated by lucas weiss



### REFLECTING ON THE SEASON

Maddy Kelley (12), Kyla Powers (11), and more cheer during a night game. The energy of the crowd was electric. "I've been on the team for four years and I like how tightly knit and close everybody is," Kelley shared. photo donated by lucas weiss **SUPPORTING TEAMMATES** Natalia Cebrian (10) and her stunt group catch a stunt during halftime. Cebrian is new to the team this year. "I've been involved in cheer for one year and I like it because it involves me being in my community," said Cebrian. photo donated by lucas weiss **FRIDAY NIGHT LIGHTS** The entire Centaurus Cheer Team poses in front of the student section on Hawaiian Night. It was a very memorable game for Izzy Trojanovich (9). "I liked this game because getting ready with my team was a lot of fun, and I performed my best," Trojanovich said. photo donated by lucas weiss

"The success of a team does not depend on any individual athlete, rather it is the teamwork and ability to help each other that makes the most significant difference." -Coach Sheryl Thorne

## ALL ABOUT THAT NEW STANLEY

Practicing at a high altitude in Colorado, the cheer team always works hard to stay hydrated.

In order to maintain endurance and have energy for practice, cheer says it is important to stay hydrated. On the sides of the mat, there are frequently many water bottles because of short water



breaks and lengthy routines. Staying hydrated can become boring so an interesting or colorful bottle is used to make this task more fun. "My favorite brand of water bottle is Hydro Flask because it keeps my water cold and holds enough to last all practice," Riley Bowers (12) said. "My favorite brand of water bottle to use is Stanley because of the fun colors," Sara Christ (10) explained.

**FLYING HIGH** Hollan Hardie (11) stands in front of the student section at a game. Hardie is participating in her third year of cheer. "I love being a part of this team and community because it's basically a built in set of friends who work hard and support each other," Hardie states. photo donated by lucas weiss **SENIOR SPIRIT** Maddie Kelley (12), Riley Bowers (12), and Julia Levin (12) pose with Coach Sheryl Thorne on Senior Night. This was their last time cheering for football. "I love my team and I will always remember their impact on the person I have become today," Levin shared. photo donated by torii levin



# PROTECT AND SERVE

## SOCIAL MEDIA

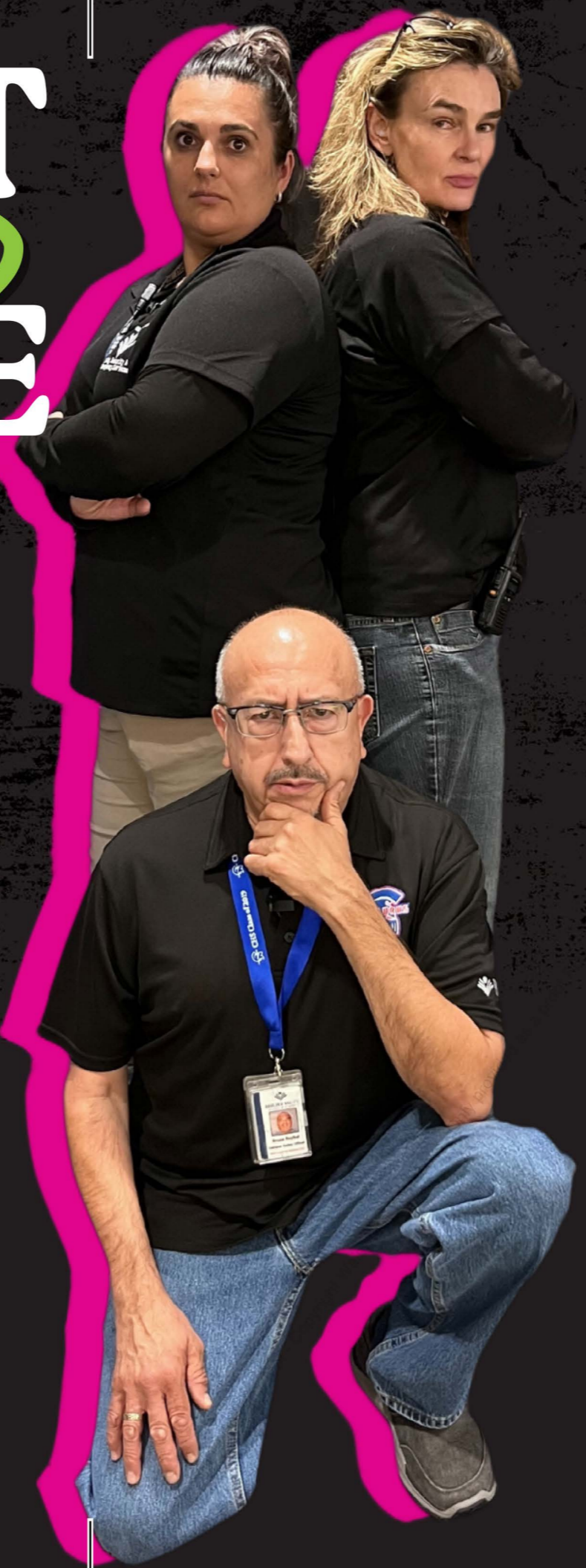
### SWEETHEART

Mr. Bruce Ruybal has been protecting the halls of CHS for almost a decade and he's built quite the fan base!

Since 2019 Bruce has had his very own fan Instagram page that has been passed down from student to student. The page has an impressive 670 followers and 205 posts! It features Bruce and the rest of the security team interacting with the student body and other staff members.



**Centaurus' Campus Safety staff work hard every day to keep us safe and make us laugh. The team is consistently running around fixing mistakes, making our school better.**



## TWO TRUTHS & A LIE

How well do you know our campus security? Can you guess which answer for each person is the LIE?

### MR. RUYBAL

- A. Bruce doesn't like green chili & tamales.
- B. He enjoys cooking, especially family meals.
- C. When taking a vacation, he enjoys driving and road trips with his dog.

### MRS. BERIC

- A. Loves to travel around the world.
- B. Is pregnant and expecting her 4th child.
- C. Really enjoys cooking for her family.

### MRS. REICHERT

- A. Used to be a model.
- B. Loves all kinds of animals.
- C. Is distantly related to Taylor Swift.

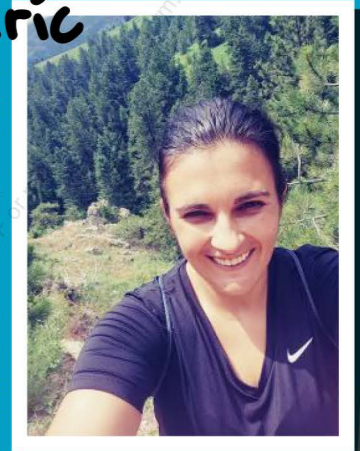
Bruce's lie: A. Adela's lie: B. Jana's lie: C.

## OUR HIGH SCHOOL MEMOIRES

What do our CHS campus security monitors remember best from their own high school years?

### Adela Beric

Mrs. Beric is a campus safety and security monitor who has been at CHS for two years. Her favorite memory from her time in high school was prom, homecoming, and time with her friends. She chose to work at CHS because she loves the students' energy and loves to help them advance. Her favorite spirit week day this year was class colors. Her favorite memory of being a security guard is prom and homecoming dances because she gets to see students in another light.



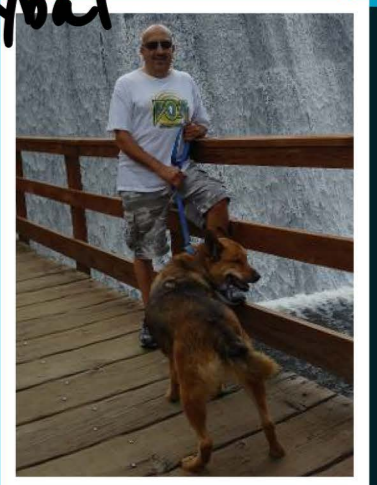
### Jana Reichert

Mrs. Reichert has worked as a safety and security monitor at CHS for two years. Jana's favorite high school memory was, "directing and creating a short film which included a commercial! It was used as an example for future film making classes!" She chose to become a security guard at CHS because she heard great things about it and wanted to be apart of it! Jana's favorite memories of being a CHS security guard come from the after school award ceremonies for student athletes.



### Bruce Ruybal

Mr. Ruybal is a campus safety and security monitor who has worked at CHS for almost a decade. Bruce's favorite memory from high school, was going to state for DECA in Colorado Springs. He also really liked prom his junior year. He chose to become a campus monitor because he always liked working with students and helping kids out. Bruce worked at King Soopers for 24 years in a management position before coming to Centaurus. His favorite part about CHS is the community. He explained, "The students help out other students. I really do love it here."





"Sing along."  
- Anna Schroer (11)

**B NATURAL** Elise Williams (12) plays the marimba for marching band. Williams has been playing for band since freshman year. Williams said, "I'd say what inspires me most in marching band is Lauren, our percussion instructor, because she is so passionate about helping us succeed and it really inspires me to do my best." photo donated by phillip holmes



**FAMILY OF BAND** Sally Odorizzi (10) plays the trumpet for marching band. Odorizzi has been doing band for a total of six years. When asked, Odorizzi said, "Mr. V, our band director, and my dad both inspire me to be a better musician and to work my hardest towards my goals." photo donated by phillip holmes.



**WARRIORS FIGHT** Centaurus Marching Band plays during the Douglas County Marching Festival. Members practice difficult formations all year to earn their competition wins. When asked who inspires him, Dane Arendsen said, "Upperclassmen; some who have already graduated, some who haven't, inspire me the most in marching band." photo donated by phillip holmes



# MARCHING TO SUCESS

Centaurus Marching Band rises to the top this season, winning the State Championship and proving that hard work really does pay off.

**MUSIC MAKES US STRONGER** Chloe Curtin (11) waits for her turn to play her piece. She plays the flute and enjoys lyrical pieces. Curtin said, "A senior last year was my inspiration but I love how the band drives you to be the best version of yourself." photo donated by lydia campbell



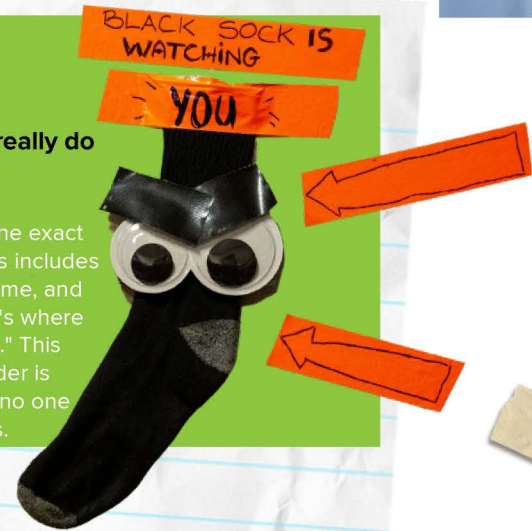
**CREATING MEMORIES** Henry Meller (11) plays the trombone for marching band. He has been playing trombone for seven years. Meller said, "Lots of people in my section inspire me to be a better musician." photo donated by lydia campbell



**STIRRING UP TREBLE** Sloan Weiss (11) and Anna Grace Schroer (11) celebrate a win at the pre-eleminary retreat at the Legacy Marching Festival. Schroer has been participating in band since freshmen year. Weiss said, "Past drum majors have inspired me the most. They were not only great musicians, but amazing leaders and people." photo donated by lydia campbell

## THESE SOCKS ARE MADE FOR MARCHING

As every marching band member knows. The socks really do matter, as "BLACK SOCK" reminds them everyday. Practice, practice, practice. Marching band knows the importance of every little detail when it comes to being competition ready. Ezekiel Webber (11) explained, "The black sock is one of the most important parts of marching band. The best way for a marching band to win is for it to seem like all the people are performing the exact same as each other. This includes playing the music the same, and dressing the same. That's where the black sock comes in." This funny but serious reminder is posted for all to see, so no one forgets their black socks.



**BANDING TOGETHER** Gavin Herrmann (12) leads the parade. He has been playing for band since freshmen year. Herrmann said, "Throughout my years in marching band, the upperclassmen have always inspired me to be the best I can be. In my senior season, though, the new freshmen and underclassmen gave me a great deal of motivation to set a good example." photo donated by lydia campbell

## MUSIC & DANCE

**Color Guard partners with band to make every performance memorable.** Arwen Heggstad (11) is a member of Color Guard and practices before a performance. Heggstad has been performing for Color Guard since freshmen year, helping add flair and beauty to the band's music. "It has really helped me with my overall confidence," said Webber when asked what they love most about the experience.

