TRIM LINE



STATE COMPETITION

The CHSAA state competition was held at the Veterans Memorial Aquatic Center in Thornton. Pictured right are state qualifiers Mackinze Hays (11), Sophie Morgan (11), Coach Hattie Carlson, Dharma Perkins (11), and Andie Rasmussen (12). The girls performed well and achieved personal records. Perkins finished 15th in the 50 freestyle and 18th in the 200 freestyle relay. Perkins said, "I think state went pretty good, it's the best set I've done since my freshman year. I felt a lot of pressure just because of how I was ranking in the finalists. I think it was very exhilarating too, because I got to compete with a lot of fast swimmers, and I think that just puts myself out there to show off what I know and can do."



GOING ALL IN

Kaelin Dugan (10) prepares to dive at a home meet. This is her first year doing dive and when asked how the overall experience was, Dungan said, "It's really neat. was, burgari said, it's rearly heat. It's a lot more challenging than I thought it would be. For diving it's hard getting used to the new dives, and having to do tricks. Most sports you can build muscle, but dive, it's more about skill and just being better at flexibility.





Maddux Chapman pictured right is a junior at Highland High School who has been competing for the Eaton Reds for three years. Chapman said, "The season went really well for me! I love being able to watch my improvement throughout the year, from beginning to end of the season."





Andie Rasmussen (12) 50 Butterfly Event

TRIM LINE



SUPPORTING EACH OTHER

Coach Hattie Carlson talks to the girls before the meet starts. She has been coaching Reds swimming since 2015. How would she since 2015. How Would she describe the team dynamics this season? "They were a great support system for each other. I was so proud to see them being there for others in good and hard moments. That's what I try to do for them as a creach. It's could to watch them as a coach. It's cool to watch them be there for their teammates."

Customer is allowed to have objects outside of the margin

TRIM







In this sport there are lot of individual events and PRs, but when it comes to watching the others compete in their events, the girls are there to support and cheer one another on. Mackinze Hays (11) pictured above cheers on her teammate. When asked what it's like to be a part of the team, Hays said, "I think we all have a solid connection on the team. We're able to be competitive and push each other to further limits than we all thought of each other. But, at the same time, we always support each other; like on the relays, we're always screaming and cheering, always asking if their okay. It's a small team so we're able to have a better relationship with everyone."



Diving Photos by Railey Maske

SENIOR SPOTLIGHT

Aedy Barclay

"It's really sad being a senior, but I think the part I'm most sad for is just not being able to compete with the girls again, and not being able to see them as they move on; but I'm also very happy to be done."



"Being a senior, it's really sad cause you never know when your going to swim with the girls again or get to be on the same team; but it was a really good way to end it and it was a lot of fun."



On January 18 the girls competed at Estes Park. Pictured above is their starting positions and below that their practice laps before the meet starts.



TESTING THE WATERS

Sophie Morgan (11) swims her hardest event the 100 fly. Morgan said, "Towards the start of the season it was a good event. I struggled with it a little bit, it's definitely my hardest event but I think I pushed through and made the most out of it." How was her season overall this year? "I think the season went really well. I went in with high expectations and I think I met most of them. I learned to adjust to the new season, with new teammates and just overall. It was a different year but I think it went really well and I learned to accept it... This was one of the best years for me connecting with the team," said Morgan.

TRIM LINE