



SABERCAT SMACKDOWN

CASTLE VIEW WRESTLING PUTS IN EFFORT TO GET STRONGER

Castle View's wrestling season has started. With preseason beginning in September, the official season started in November. The wrestlers, both new and returning, are putting in a lot of their time and effort into getting ready for matches.

One of the returning wrestlers is junior Evan Wallace.

"I look forward to being able to be on Varsity," Wallace said. "And be able to wrestle on a higher level."

Wrestling is one of Wallace's hobbies and he spends a lot of time doing what he loves.

"I enjoy getting to train hard, getting my body in shape, going out on the mat and having fun and winning matches," Wallace said.

With the hard work the team puts in, they progress themselves into becoming better wrestlers. However, there are things that some of the wrestlers don't find pleasure in.

"I don't like how intense some practices are and how many there are," Wallace said. "Wrestling is a huge commitment and it takes a lot of my time."

Returning for another season is sophomore Carter Henman. He looks forward to wrestling with his team.

"Everyone gets in better shape," Henman said.

While Henman enjoys a lot about wrestling, he claims that duels, which are two teams competing against each other, take the top of his list.

"Duels," Henman said. "They're fun and it's cool to be in the spotlight."

Senior Breaunna Robles is coming back for her third year of wrestling.

"I love the hard work and

dedication that comes with being a wrestler," Robles said. "As well as the feeling of accomplishment after I step off the mat."

Robles manages her schedule with school and wrestling and she finds time for both.

"It's not hard, wrestling is my life, and I am around it all the time," Robles said.

Though time isn't a struggle, there are some difficulties.

"The hardest part about wrestling is being disciplined with your weight, your work ethic, and keeping yourself responsible outside of it," Robles said.

Through her time as a wrestler, she has bonded with her teammates and has committed to her sport. She enjoys training hard with the team, and individually on the mat.

"I love that everybody in the room is committed to getting better," Robles said. "But when it comes to me individually, I know I am ready for any challenge there is to come."

Another returning wrestler is senior Everett Garrison.

"I enjoy working out with the team," Garrison said. "The workouts are intense and brutal, [but] we still have fun through it."

Garrison also brings up the point of team bonding.

"Even though it's a sport with only you that's competing, it's shared you're all in the same boat doing the same thing," Garrison said.

The Castle View wrestling team pushes each other. They work together as a team so they can become stronger and win.

Written by Wade Stewart

Senior Simone Duckworth focuses on playing her very best to make it to the next bracket of state, on Nov. 9th, 2023. The team's confidence was very high going into the tournament. "I thought we had a really good potential and I knew that all the teams that we were going to face, we've already played and took sets from," Duckworth said.

Junior Addison Humphrey sets the ball to help her team take a victory during state on Nov. 9th, 2023. "State was one of the best experiences of my life, I have never felt more accomplished or more content with the people around me and where we are," Humphrey said.

Junior Caleigh Sommers blocks the ball to continue the point on Nov. 9th, 2023 to fight hard to win the girl's volleyball state championships. "I believed that we could make it from the beginning of the year and it just, when it happened, it was incredible," Sommers said.



On Nov. 9th, 2023, at the state volleyball championships, senior Paityn Chapman kept her eyes on the ball waiting for the opposing team's next move. "I was really excited to play but I had to keep my cool and play to the best of my ability so I could play my part for the rest of my team," Chapman said.

Junior Brooke Humphrey prepares for a hit at the 2023 state volleyball tournament in order to win a big point on Nov. 9th, 2023. "We fought so hard to keep going in the tournament. I do think we played as a team during state and throughout our season," Humphrey said.

Photos by Katherine King