

turning by A.Beerer J.Busman C.Fifhouse  
**CATCHES**  
 into *touchdowns*

**Football players worked hard at practices to prepare for upcoming games. The work payed off when Coach Paul May's A team made it to districts at the end of the season.**

**1. Trenton Morehead, 08,** runs with the ball in hand. This was during a games against Mountain Ridge Middle School. **2. Running from another player,** Logan Oberheu, 08, holds the ball while being chased by an opponent. He starts to head to the end zone for a point. **3. Excited to score a point,** Jay Mielke, 07, finishes strong by running with no one on his tail to the end zone for the point to win the game. **4. Dodging a player,** Derek Le, 07, keeps hold of the ball to make it to the end zone for the point. **5. Running with an opponent on his tail,** Jameson Hamm, 07, runs towards the end zone. "It was stressful going to practice every day after school. It was harder to complete homework," Hamm said. **6. Quarterback of 8th grade A/Bteam,** Colton Lien, 08, is preparing to throw. While chased by an opponent, he made the quick decision throw to a teammate. **7. Running down field,** Derek Zebroski, 07, grabs the ball from another player and runs to the end zone for the point. **8. Sprinting downfield,** Isabella Maxwell, 07, catches the ball. She plays hard with the B team. "Don't mess up. Mr. Murrell will make you run," Maxwell said.



*bump set*  
**SPIKE!**

**7th Grade girl's volleyball players put what they've learned to the test.**



Preparing to serve, Miranda Sherrill, 07, lines up during the home game. Her teammates get ready to return the ball.



Demri Lassen, 07, focuses on practicing bumping the ball before a game. She warms up with the rest of her team, spread out around the gym.



As Bryn Witty, 07, warms up before the game, a crowd fills up the stands. "Finding time to do things after school was hard because volleyball was every day," Witty said.

**THE FUN IN THE RUN**



**Jogging along the track,** Alex Eckert, 08, approaches the finish line as parents watch. He finished the race strong.



**Will Bradley, 08,** is running with other cross country members. "It was torture running two miles in the heat while your muscles are aching," Bradley said.



**Before a cross country meet,** runners are gathering on a hill before the event. They relax in the shade before it's time to run in the heat.

*you said*

"I like volleyball because the people were fun to talk to."

**Alexis Coffield, 08**

"It's fun to be with my friends and I love the sport in general. And, I joined because I wanted to try something new, and I ended up loving it."

**Avery Stillman, 08**

"It was really fun because I got to be on a team with all of my friends."

**Hailey Grant, 08**

"I liked volleyball because I made new friends and had something to do."

**Ceili Kimmitt, 08**

"I joined FCA because I got to see my friends. Mrs. Naughton is cool and nice. We play games and eat donuts. I liked every donut."

**Will Bradley, 08**