winter sports

"[Basketball] is special because a lot of us got really close over time and really supported us as seniors. Being so close overall made the season much more fun." sarah harper 23

"Cheer has been a great experience. I had fun working with so many seniors this year. January is one of our hardest months. We had a lot of injuries in that months which made preparing harder." olivia

bertke 26

"[My favorite part about basketball] is definitely my team. They are a lot of fun and game days were really fun. Grand junction was my favorite game because we worked really well together as a team."

> deidra hooper 25

she said she said she said "My favorite part of being "I joined because I wanted "I've been playing baske

on a team is getting the opportunity to make new friends. I'm also able to learn basketball skills that I haven't learned before," Ciara Nassardeen-Buckley '25 said. Elle Freiberger '25 said. Baker '25 said.

to meet new people also it would help with other skills in different sports like tennis and track," Maya

"I've been playing basketball

for 8 years. My brother played basketball when he was younger which is what made me want to start playing,"

PHOTO BY ELIZABETH HOMER



THEIR EXPERIENCE

BOYS' VARSITY FIGHTS FOR THE WIN AGAINST HIGHLANDS RANCH HIGH SCHOOL



"In the first half we came out slow and in the second half we were fired. We brought the lead back and it was a close game. The speech our coach gave us was a fantastic speech and it motivated us, he said to try harder," Owen Clarke '23 said.

"We kind of just came out better in the third quarter, towards the end of the game we got as close to them as three points away but then they ended up pulling away a little bit The starters came out and just relieved we had to play hard," Evan Mckean '25 said.













swim.

"On senior night, we do a little ceremony in the middle of the meet where the seniors get a gift and a junior reads out their favorite swimming memory, how long they'd been on the team and things like that," Brenna Wendell '23 said. Seniors share moments emotional with their team and family before their last season is over. "There were a lot of emotions that night with everyone being there and supporting me. It made me happy and also sad at the same time because it was one of the last meets on the team. I have been on the team since I was a freshman and now being a senior didn't feel real," Mia Stramel







PLACE IN MY HEART: Nevaeh Ferradino '23 hugs her former swim coach at senior night. Ferradino swam all four years in high school. "This night has always had a place in my heart since freshman year. I can't believe it's been four years, but it meant so much to me to finally get that extravagant send-off," Ferradino said. SWIMMER SUPPORT: Mia Stramel '23 exchanges gifts with friends. Stramel got emotional as she was hugging all of her senior friends. "It meant a lot to me with having my whole team there celebrating me and my fellow seniors and my parents and siblings supporting me," Stramel said. MIXED EMOTIONS: Makena Reeves '23 shares a heartfelt hug with a fellow teammate. Reeves has swam for over a decade and all four years in high school. "Senior night made me feel sad but happy I was sad it was gonna be one of the last meets with my team, but

said. FOUND FAMILY: Brenna Wendell '23 walks through a tunnel of supportive friends and family. This was her last home meet as a swimmer for the co-op team. "This really brings home the closeness of the team for me and how much I'm going to miss everyone and all our traditions," Wendell said.

SENIORS GATHER TO CELEBRATE THEIR LAST SEASON

The last home swim meet of the season brings seniors together to celebrate the season and to look back on their previous experiences in girls'

'23 said.

Wrapping up the final season brings strong emotions from the team.

"Senior night was breathtaking, I have never felt so much joy and sadness at the same time," Nevaeh Ferradino '23 said. It was crazy to think my swim journey was coming to an end. But it was all so special and will forever be a night to remember."

Keeping traditions from past years. At the end of the night, seniors push the coach into the pool.

"My favorite part of senior night is at the end when everyone is leaving and the seniors take a picture with the coach," Makena Reeves '23 said. "The coach somehow ends up getting pushed into the pool and ends the night with a splash."

written by a rice

There were a lot of emotions that night with everyone being there and *supporting* me." *mia stranel '23*