

**1. Get Close** Emma Adams, 12, huddles together with her varsity team before the Chaparral game on Sept. 27. "The overall energy of this year's team was amazing. I love those girls," Adams said, *photo by kendelle hansen* **2. Best Friends** Sandy Hollenbaugh, 11, celebrates a kill with teammate Melody Hyde, 12, during the Highlands Ranch game on Oct. 4. "My teammates are really encouraging and especially since we're all best friends, it's super easy to get along," Hollenbaugh said, *photo by peyton davis*



**Hype It Up** Hannah Shonka, 11, and the team share in the excitement with the crowd after winning a big point during the Chaparral game on Sept. 27. "The student section just really helps get us fired up," Shonka said, *photo by kendelle hansen*



**4. Big Energy** Back row player, Lily Holmes, 11, makes a hard dig against Chaparral on Sept. 27. "If there's a big crowd, then there's a lot of energy, and we just play really good," Holmes said, *photo by kendelle hansen* **5. Play Hard** Ania Swartzendruber, 12, swings hard against Mountain Vista on Sept. 20. "Beating really good teams is the best feeling. I think that this season was really memorable," Swartzendruber said, *photo by ella pfister* **6. Power Play** Libero Hannah Shonka, 11, starts the play with a strong serve during the Chaparral game on Sept. 27. "The best feeling in volleyball is probably getting an ace when the student section is there," Shonka said, *photo by peyton davis*



**7. Lean on Me** Giana Cook, 10, runs through the tunnel celebrating the win against Chaparral with her team on Sept. 27. "The best part is just really knowing you have a team behind your back that will always support you," Cook said. The varsity team won the game 3-1, *photo by peyton davis*

# Best season yet

Varsity volleyball creates eternal bonds

*page by isabella johnson, ella knisley, anna kinney, austin oster*

*The* What was the best part of the season?  
season of the century

**Ania Swartzendruber, 12**  
"This season, we got closer than before and all the girls on the team became my best friends. Playing Chap was also super fun," *photo by kendelle hansen*

**P Reese Betschart, 9**  
"Beating Chap, because there were a whole bunch of people and there was just a lot of energy since it was our rival school," *photo by logan eakle*

**Deegan Kadel, 11**  
"Beating Chap at home, because we haven't played at home in like four years and the environment and energy was insane," *photo by kendelle hansen*

The girls varsity volleyball season came to an end after beating the teams' rivals.

Making such a team involved many players including junior Lily Holmes.

"It's all about your teammates. If you have good teammates and you have good chemistry, you're going to have fun and do really well," Holmes said.

Having a team that worked well together and were

friends helped make this season memorable. Junior Sandy Hollenbaugh, another fundamental member of the team, recalled the importance of team work.

"Since we are all like best friends, it's really easy to just get along and have really good team chemistry," Hollenbaugh said.

Having a great team was the fundamental aspect in making the season a memorable one for the team and students.

"This year we came into practice every day and we realized what we wanted to accomplish and to do. We were also a lot closer this year and everyone is best friends, which was different that in past seasons!"

*Emma Adams, 12*

121 | Because we are athletes varsity volleyball

"I am Ellie. I work, I fight, I crochet."

*Ellie Lamphier, 12*

"I love the comradery that I feel, no matter what group I'm with, and I love how everyone here supports each other."

*Bea Farney, 12*

"I am someone who takes risks, never gives up, and just lives life to the fullest without a second thought."

*Ernestina Cortes, 9*

# New coach new culture



**1. Preparing for the game against Chaparral** Coach Greg DeRoeck and his coaching staff lead the girls through a huddle on Sept. 27, *photo by kendelle hansen* **2. Varsity coach Greg DeRoeck** cheers on his team as they battle against Chaparral on Sept. 27, *photo by kendelle hansen*

How Coach Greg and his SWIPE idea affected the players and season

With the new season, there came a new coach, Greg DeRoeck. Coach DeRoeck cultivated a new culture for the team. He did this with his idea of SWIPE- an acronym that means: service, we before me, integrity, passion and empathy. This new plan impacted the game for a lot of teammates, including sophomore Giana Cook. "SWIPE helped me focus on one thing when I was playing or a few things that were important to us as a team," Cook said.