



SLAY ALL DAY
 An inside joke amongst the Alamosa Volleyball team is the term "slay". It is used to describe excellence or great performance. Charley W can be seen here "slaying"!

LEAVE IT ALL ON THE COURT



THE FOUR KEYS OF PASSING

#1



Arms and Wrists together

Straight & Simple



#2

#3



Midline

Angle to Target



#4