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MOUNTAIN SPORTS

# TREADING BACKCOUNTRY THROUGH

Students and staff show off their favorite mountain hobbies

### GETTING **OUT**

Starting out winter with skiing in the mountains

Every year, sophomore Abigail Sibel heads up to the mountains to ski and board with her family. "It's one of my favorite times of the year. Nothing beats getting out on a clear, sunny day." said Sibel. photo courtesy of abigail sibel

## FOUR-WHEELING

#### FLIPPING AWAY

Sophomore Davin Alred said, "ATVing brings an adrenaline rush whenever on a difficult trail." One time, Alred even flipped the ATV onto himself while driving. He also said, "Usually we go on long trips in the summer. It's a mix of camping and ATV riding in the mountains." photo courtesy of alina alred



### DOWN AND DIRTY

Snowmobiling provides lots of adrenaline, something junior Alina Alred strives for. Alred said, "The trails can be very narrow and rocky so there is a lot of chance for pretty big injury, which is why we travel in large groups." photo courtesy of alina alred

# **MOUNTAIN BIKING**

#### TRICKS AND FLICKS

Sophomore Andre Memelink jumps into action as he rides down the mountain. He shared how he got into biking. "My dad is the one who taught me. He helps me learn new tricks all the time," said Memelink. photo courtesy of andre memelink

RIDING THAT CYCLI

Biking in Boulder with her family is something junior Brooke Shontz enjoys. Shontz said, "My dad is a crazy mountain biker, so he takes me and my brother a lot." photo courtesy of brooke shontz

### **SNOWBOARDING**

HEALING IT OUT Jumping into the air is junior Cole Skinner. He fractured his arm

one season due to snowboarding. "I rested for a few days and let my arm heal," Skinner said. But, Skinner's injuries didn't stop him from doing what he loves. photo courtesy of cole skinner



PRACTICE MAKES PERFECT

Sliding on the rail is junior Anderson Becker. Becker said, "I lived in Indiana and there was a small mountain by us that you could ski, so I practiced there." photo courtesy of anderson becker

#### SO MUCH POWDER

Ms. Carli Dean-Moreno is a Spanish teacher at legacy as well as a big snowboarding fan. "I tried snowboarding when I was 16 and haven't stopped," she said. photo courtesy of carli dean-moreno





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ON HER WAY TO THE TOP Junior Isabella Gehring loves hiking all over the world. "When I was hiking in Costa Rica I fell on a rock and split my knee," Gehring said. Regardless, she loves getting outside to move and hike with her friends. photo courtesy of isabella gehring **ONE STEP AFTER ANOTHER** Going backpacking is something junior Ellison Ramsey really enjoys. "I go every summer with my dad and our favorite spot is Lost Lake." Ramsey especially loves to bring her dog on their adventures. photo courtesy of ellison ramsey



# LOOK BIKE

Motocross? Ever heard of it? One of our students enjoys riding his bike up peaks

Motocross is a sport sophomore Lucas Epstein indulges in. Epstein said, "It's really fun and keeps the adrenaline going." He enjoys going motocrossing in the summer with his friends who taught him. photo courtesy of lucas epstein **63** WINTER