

# eagle athletes go ALL IN

The fall season was one filled with team and individual performances for the record books. From unparalleled success to individual accolades to mental and physical heartbreak, our athletes left their hearts on the fields and courts for the sake of honor and victory.



Students came together to compete in a variety of sports while wearing a blue uniform. Here at Broomfield, sports have a larger meaning. Whether it be a loud crowd or a coach jumping in excitement, positive atmospheres were constantly created throughout the season.

In volleyball, **Lillian Delaney ('25)** and her team “come together with a positive mindset because if you have a positive mindset, you’ll always play better no matter how much you practice. If you practice well, but then you all have a negative attitude towards each other, it’s not going to take you anywhere.”

Along with the positive nature of our athletes came the

competitive nature to match.

In tennis, **Ryder Pierce ('25)** strove to improve every day “because [he] would like to be better and [he] wants to win state whenever [he is] a junior and a senior.”

Sports were also used as a tool to get our mind off of things. While running long distances, what is there to think about? Some consider it an escape to distract their mind from other things, or some use it as a time to reflect. Cross country runner, **Brooke Holiday ('25)**, found that “it’s a time to reflect because you have a time to be more focused and think about the bigger things in life instead of the little less important things in life.”



When there was one moment when an athlete had to perform their best, their mind had to be trained and focused so that they could succeed. Standing on the grass, golfer **Jackson Fleckenstein ('26)** stayed focused the whole time. He made sure to stay zoned in by “taking [his] mind off of other things that are not golf.” This way, he could have a narrowed view and clearly see his goal with no distractions.

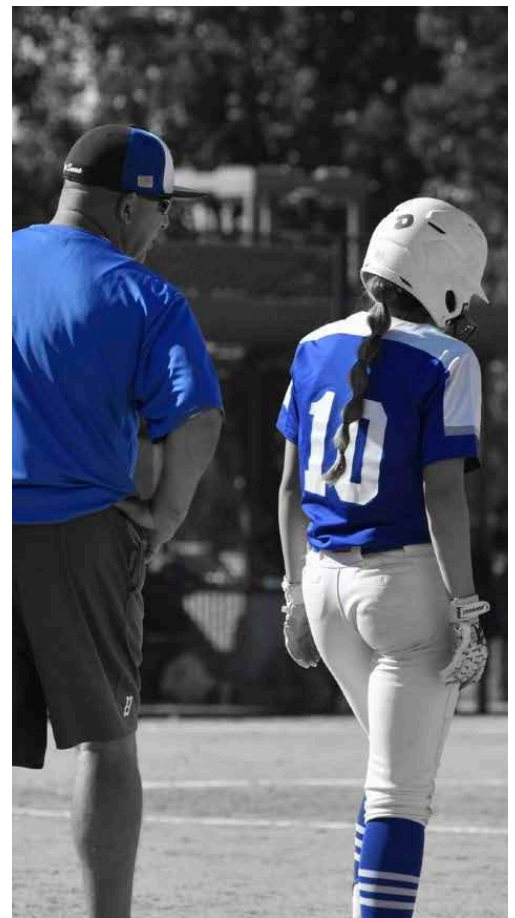
When a team collectively focused towards one goal, strong bonds formed easily. The memories that were created throughout the years of competing for blue, and the connections made between all grade levels will last forever. **Avery Gines ('26)** felt



“connected to [her] teammates by all of [their] inside jokes and amount of fun [they] have together” in softball.

Also, in gymnastics, the connections inspired **Eliana Ferdani** to keep improving and striving for better. She loved the connection between her and her “team and the experiences and memories made together.”

Holding each other accountable and pushing each other to work hard was evidently what separated good from great. Throughout his football career, **Luke Francis ('23)** learned many lessons, but the most important was hard work. “Hard work is something football teaches you to do. Hard work applies to everyday



“These kids have the ability to build relationships and friendships that last a lifetime.” -Mr. Zechmann

life in everything you do. Football teaches me to be an uncommon man with grit and know how to work hard when you don't feel like it. Fighting through aches and pains builds that physical and mental toughness. Overall, football turns you into a man that can take on the world.”

As our athletes take on the world, we can't help but acknowledge the love they all have for their sport. Sports are these students' lives, and **Yosef Nunez ('23)** could not agree more. “Soccer has been a part of my life ever since I was able to walk. From playing on concrete grounds wearing nothing but Crocs and using a ripped up ball in Africa to the nice fields of Broomfield, CO. Soccer has been the joy that keeps me going. For years soccer has given me the opportunity to explore new worlds. The friends, memories, and competitiveness are all things that made me fall in love with the sport. The sport and all my coaches have taught me valuable lessons throughout the year that have helped me advance in life and soccer. With my huge love for the sport and the amount of time I give into it, tearing my ACL halfway through the season put me in a dark place. The night I tore it I had a million thoughts running through my head. As soon as I stepped on that field all my worries, grades, and problems disappeared. Tearing my ACL opened up my eyes to a whole new lifestyle filled with pain, anger, and acceptance. My injury reshaped my view on everything. I did my best to support my teammates from the sideline. I soon found joy in cheering on my teammates and yelling at the refs. It helped me feel a part of the game again. Although tearing my ACL affected me in not just my season but my mental state, it taught me a lesson that I keep with me. Enjoy it while it lasts. Freshman me would have never thought that in my last year of high school, the year I get the captain's band, the year I start scoring the most goals, I would end my season half way through due to an injury. It has taught me that you must truly enjoy even the small things in life as they can come to an end.”

