

# CHEER CHAMP

Hana Hatley (8) explains her interest in cheer and how it is such a big part of her life. Story by Kaylan Lessen

Cheer takes a lot of skill and time, and that's exactly what Hana Hatley was willing to give. "I have been doing cheerleading for three years," Hatley (8) said.

All of the positions were really hard, and being more than one was even harder, but Hatley decided to take on the challenge.

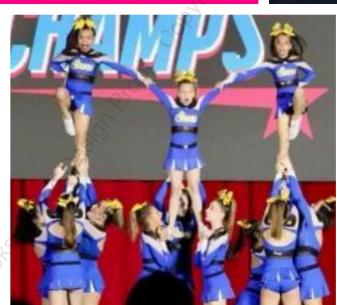
"For my team, I am a base, a flyer, and a basket, which means I have to be strong and also flexible," Hatley (8) said.

Competitions were a major part of cheer, and it took a lot of practice to win. "We have a lot of competitions. I have competed in Dallas, and Orlando, and a bunch of other places. My favorite was in Gaylord where we won and got really cool jackets for winning," Hatley (8) said.

Practices weren't quite as fun but were necessary to go over routines and rehearse. "At practice we do jumps, stunts, and tumbling. I can do standing tucks and a lot of stuff," Hatley (8) said.



5,6,7,8. Hana Hatley (8) and her team perform at the All Star Nationals. "This is my favorite team ever," Hatley said. Hatley's team got bragging rights when they got 0 deductions from the judges.



**HOLD IT!** Getting competition ready takes planning and preparation. "We have prepared for this since May," Hatley said. The pyramid pose was thrilling as the last stunt.

\*photos donated by subject

Owen Dood  
Tess Dreeszen  
Audrina Dries



James Eagle  
Fletcher Eakins  
Haylee Edwards



Tag Edwards  
Stella Emmott  
Ella Engel



Ryleigh Engelhardt  
Abigail Entlich  
Ethan Entlich



Annabelle Erwin  
Mataya Farling  
Amelia Ferkuniak



Jocelyn Flath  
Luke Foss  
William Frey



Nathaniel Fritzier  
Lily Gabler  
Logan Gabler



Logan Gansen  
Kate Garamy  
Xiomara Garcia





Donovan Garcia Bennett  
Lila Gelin  
Ronan George



Kaia Gibson-Brown  
Max Given  
Amelia Glauth



Mackenzie Golen  
Holden Gorrostiaga  
Blake Grenier



Owen Grimes  
Ella Grueter  
Abigail Guerrero Ortiz



Samuel Gupta  
Matthew Gutierrez  
Jobie Hagerbaumer



James Harada  
Ethan Hasenkampf  
Hana Hatley



Wyatt Headrick  
Henry Heath  
Lena Hebel



Cambryn Henderson  
Kaiden Henson  
Jack Herrera

# MINDSET, READY

Reese Marshall (8) shares his experience with OCD. *Story*  
by Izzy Howsare

When Reese Marshall (8) sat down to work on an assignment, his mind started drifting. He thought about all the things that stressed him out, and focusing became impossible.

"Prior, I could always control my thoughts. Then I started being a little obsessed about being perfect," Marshall said. Such red flags motivated Marshall to find answers, and he discovered he was struggling with OCD, or obsessive compulsive disorder, an anxiety disorder that affects about one in 200 teens according to the International OCD Foundation.

Marshall worked to overcome OCD. "I trained my brain to think over things and keep my mind busy with what is happening in the moment," Marshall said. "Now I can enjoy my life and focus on what is important in the moment."

Sharing this story was courageous, but Marshall was willing to open up for one reason. "I'll take one for the team so that others can learn. I would want people to know that in order to achieve your best self, you need a healthy mindset. I hope I can help others overcome mental challenges, too."



**HELPING HAND.** Reese Marshall helps a classmate with their box project for science. While Ms. Nataluk was helping someone else, Reese jumped in. "He is always willing to help other students," Nataluk said.

**GOOD BUDDIES.** Reese enjoys vacation with his sister Audrey, and his cousins Hana and Jackson Hatley. In his battle, positive friends have helped. "They are fun and make me laugh."



\*photos donated by subject