



“ I’ve always loved the game. I have had the most fun with basketball.”  
*Grady*  
 MacDougall, 12



*Grady*  
 MacDougall  
 looking beyond the surface

To senior Grady MacDougall, basketball is more than just a sport. Basketball serves as an outlet that helps him shift his focus from fighting his Cystic Fibrosis, to being in the moment on the court with his other teammates.

“With where I am in my sport, I don’t go to practice and think oh shoot I can’t run with the rest of the team if they are running, or I can’t play the rest of the game,” MacDougall said. “It is a way for me to think I can do this stuff like anyone else. I don’t really ever think about it when I play.”

Despite basketball being an outlet for MacDougall, there are many things going on behind the scenes that no one knows about.

“It is a lot more effort than it seems. Just looking at it, you don’t understand how many hours of medicine and all this other stuff that actually goes into having CF,” MacDougall said. “It’s a lot of constant effort that I think a lot of people don’t know about.”

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*Because*  
 we are  
 titans  
 seniors

“I am very respectful and like to goof around and I love to relax when I have the time,”  
*Benehot*  
 Hermawan, 12

“Cheerleading had given me some great relationships and great opportunities.”  
*Ana*  
 Kinney, 9

“I am someone who strongly cares about others and want to help people whenever I can.”  
*Alexis*  
 Ginther, 11