Joshua Krasnesky Baseball (942 LEADERSHIP (SPORT): Second Base, Shortsto Pitcher; Vocal Music Cantores 9-Zachary Krause TSA 11-12 (Sargent at Arms 12); OFFICER POSTION: Sargent at Arms for TSA 12 Lacrosse 9-10; LETTERED (ACADEMIC): 9-10 Caulin Kraulz Thesplan Society 9-10; LET IEBEU (IACANEMIC); 9-30

Gavin Kraulz Thesplan Society 9-12; LETTERE
(CLUB); Choir IO,IITheater-9,IO,IIL2; NEW CLUB:
Speech and Debate-10hock Canyon FriedplateIZNational Society of High Sochool Scholars- II,
EContinental League Choir Member- II; Oross
Country Linded States Vlucal Mays 9, 10, II; TheertaCast: Mama Mia; IZ Dracula, Van Heising, IZ Gresse,
Danner, Vincy 9, Secultus and the Beast Reseat III. Danny Zuko, 9 Beauty and the Beast, Beast, II Thoroughly Modern Millie, Jimmy, International Thespian Society-9JQII; LETTERED (PERFORMANCI ARTS): Choir-10,11Theater-9,10,11,12 Allyson Kumor

Hayden Laessig Basketball 9-12; LETTERED (ACADEMIC): 10-12 Ellie Lamphier AVID 9; Chinese National Honor Society II-12; ECO Club 12; National Honor Society 12; National English Honor Society 12; Student Government II-12; Tri-M Music Honor Society II-12 (Officer 12); OFFICER POSITION: Officer for Tri-M (12); Track 11-12; LETTERED (ACADEMIC): 10-12; Vocal Music

Braden Lawson Abigail Layton Volleyball 9-10; LETTERED

(ACADEMIC): 11

Jacob Layton

Lauren LeDue National Honor Society II-12; SHINE 11-12 (Shine Squad 12); LETTERED (ACADEMIC): Acad Ltr (10-12); Vocal Music Women's Chorus (9), Women's Select Chair (10) Select Mixed Chair (11)

Samuel Lee Katherine Lemon Cheerleading 10-12; Tennis

10; Unified Sports 9; LETTERED (SPORT): Cheer 1H1 Lucy LeMonds Paige Liedell Spencer Lieal

Emma Liken National Art Honor Society 12: National Honor Society 11-12; NEW CLUB: National Society for High School Scholars (NSHSS): LETTERED (ACADEMIC): Acad Ltr 11-12 Reece Lindstrom Volleyball 10.11.12; LEADERSHIP (SPORT): Captain junior year volleyball; LETTERED (SPORT): Lettered volleyball 10th and 11th 12th, spring season EVAIT DEWE Chinese National Honor Society 11: National Course Chinese National Honor Society II; National Joner Society I2; LETTERED (ACADEMIC): II; 27 Miles LOTtin Aligo JoECA II; That Music Honor Society I2; Band 9-12 Marching Band; Vocal Music Tenor Bass Choir I2; Theatre Mama Min - Plann Player I2; LEADERSIP (PERFORMANCE ARTS): Marching Band Section Leader, Sound Course Section Leader, Sound Course 100 Miles (Performance Course) (SPORT): Track Captain - 11, 12; LETTERED (SPORT): Football - 11, 12Track - 10, 11, 12; LETTERED (ACADEMIC):

Brandon Lowndes

Grace Loyd Philosophy Club 2; Writing Club 4; OFFICER POSTTION: President of Philosophy Club (2022-23)Vice President of Writing Club (2021-22) President of Writing Club (2022-23); Orchestra 9-12 String Orchestra

Quinn Loyd Band 9-12 Marching Band, 9-12 Wind

Allan MacDougall Chinese Club LHS 12; Coliseur

Gavin MacFarland Soccer Varsity grades 9,10,11,12; LETTERED (SPORT): Varsity Soccer grades 9,10,11,12





II I've always loved the game. I have had the most fun with basketball,"

MacDougall, 12

o senior Grady MacDougall, basketball is more than just a sport. Basketball serves as an outlet that helps him shift his focus from fighting his Cystic Fibrosis, to being in the moment on the court with his other teammates.

"With where I am in my sport, I don't go to practice and think oh shoot I can't run with the rest of the team if they are running, or I can't play the rest of the game," MacDougall said, "It is a way for me to think I can do this stuff like anyone else. I don't really ever think about it when I play."

Despite basketball being an outlet for MacDougall, there are many things going on behind the scenes that no one knows about.

"It is a lot more effort than it seems. Just looking at it, you don't understand how many hours of medicine and all this other stuff that actually goes into having CF," MacDougall said. "It's a lot of constant effort that I think a lot of people don't know about,"

titans "I am verv

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respectful and like to goof around and Hove to relax when I have the time." Benefict Hermawan, 12

"Cheerleading had given me some great relationships and great opportunities."

Kinney, 9

"I am someone who strongly cares about others and want to help people whenever I can."

Ginther, 11

