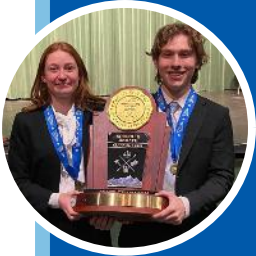
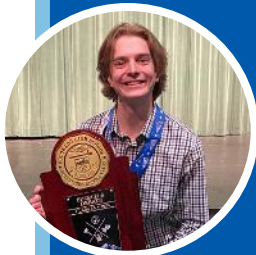


STATE CHAMPIONS

Photos Courtesy of Ms. Uhnavy



Sierra Hill & Justin Vargas
Public Forum Debate



Gavin Doan
Humorous Interp.

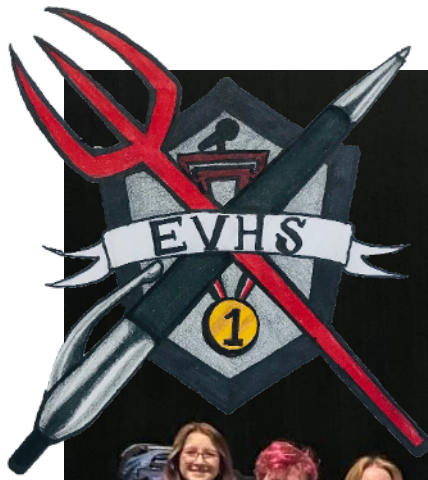


Sam Maule (Right)
Poetry Interp.



Molly McAdams (Left)
Congressional Debate

Photo Credit: Jacey Meryhew



TEAM SPIRIT The team takes a victory photo after their wins at state. The team won 1st in Debate team sweepstakes, 1st in overall team sweepstakes, and 3rd in Speech team sweepstakes. "3 years ago I never could have pictured myself standing up in front of judges and speaking for 7 minutes straight. I used to hate public speaking, or talking to people in general, but Speech and Debate showed me that there is so much I am able to accomplish if I just step outside my comfort zone," said Sadie Holand ('24). Photo Courtesy of Mrs. Uhnavy

SPEAK UP!

Speech and Debate has another incredible season and takes home multiple state titles.

The speech and debate team consistently performs extremely well throughout their season, even taking home 4 state titles and overall team sweepstakes this year. The pieces created by the students reflect their interests and individual experiences. From deeply personal stories about things like body shaming, to interesting subjects like graphology (the study of hand writing).

Members of speech and debate learn to express themselves in an eloquent and fervent manner. "It's about sharing your passions, concerns, and knowledge with audience members. It's about changing the world with your voice to be a better place. I am proud to say that I think this team has these priorities in order," says Ms. Uhnavy





"What's great about this year is the size and strength of the team. We seem to have students who have their heads 100% in "the game" and who not only want to win but want to share their voices and passions with their audience."
- Mrs. Uhnavy (Head Coach)

RETURNING CHAMPIONS Seniors Sierra Hill and Justin Vargas pose with their state trophy in the main gym. The pair won 1st place in Public Forum Debate, for the second year in a row, at the state tournament on January 28-29, 2023. "One interesting way that we improve our team chemistry is we play Fireboy and Watergirl." said Sierra Hill ('23). Photo Courtesy of Ms. Uhnavy



CRUSHIN' IT Audrey Tatro ('25), Molly McAdams ('25), Sean Asselin ('23) and Alvaro Marin Garcia ('24) take a picture with their awards right after National Qualifiers. "It's been really awesome to see how the team has evolved since my freshman year. Through the senior and coach leadership I feel like this team really evolved into the powerhouse that we are." said Sean Asselin ('23). Photo Courtesy of Ms. Uhnavy

NATIONAL QUALIFIERS After a late night competing in Grand Junction during the weekend of March 11-12, Speech and Debate had 7 students qualify for nationals in June: Gavin Doan, Hailey Gifford, Audrey Tatro, Ben Vito, Alvaro Marin Garcia, Sean Asselin and Molly McAdams. "Speech and debate has taught me so much about being a better person, and I've met amazing people in our school and around our district. #Wrizz" said Becca Warren ('25). Photo Courtesy of Ms. Uhnavy

JUMP FOR JOY Seniors Hailey Gifford, Sierra Hill, Sean Asselin, Gavin Doan and Justin Vargas and Junior Alvaro Marin Garcia celebrate their win at state during the championship assembly in the gym on February 2, 2023. "Lastly, watching the intensity and buy-in everyone had for their events was my favorite thing from the weekend. We all put in a lot of work and getting to see the results of that work is great all around." said Gavin Doan ('23) Photo Credit: Bella Almanza

HEAD COACH



Ms. Uhnavy is the current head coach of the Speech and Debate team, this will be her 10th year coaching.

"Ms. Uhnavy is the best speech coach. She is always super supportive and has helped me grow as a person. I am incredibly thankful to have all the experience that I have had on the team."
- Hailey Gifford ('23)

"Ms. Uhnavy is awesome. She's fair, nice, loves us speechies, but she also takes no shit. Meaning that there's minimal drama within the team, and we're constantly pushed to be better, better."
- Sam Maule ('25)

Left Photo Credit: Bella Almanza
 Right Photo Courtesy of Ms. Uhnavy

