

Video	Audio
Shot of Colin	Senior Collin Hart has been riding bikes all his life.
Drone shot of Valmont	Luckily, Valmont Bike Park is right around the corner.
tight shot of Mr collin	"I love valmont, ive made alot of forever friends here"
B-roll of Mr collin dirt jumping	Collin has also inspired his friends to start riding alongside him
Wide shot of Valmont	"I asked them if they wanted to start to come to do some dirt jumps, or they asked me if I could help and if we could ride together"
Medium shot of valmont community	It really helps when I'm stressed with school and need a distraction.
Tight shot of valmont community	When collin starts to get tired, he remembers why he keeps going
B-roll of collin and another person riding together	"I was born with a hole in my heart, and it hasn't really affected my bike riding, but I always have to be careful of my heart rate and my injuries"
Cut to A roll	"My dad was a great roadbiker, I never knew exactly what he was doing but he was doing things like riding from our house to the top of golden."
Picture of little collin	"He was a pretty cool dad, he would ski on weekdays, he would work from 4am to 9 and drive to loveland and then ski for 3
Picture of collin + Dad	

Cut to A-roll

Shot of moon timelapse

A roll

hours"

Biking is a dangerous sport, but his mom believes in and supports him all the way

"My mom is awesome she always supports me and she bought me my last bike which I am very thankful for"

"I really like dirt jumping and mountain biking because your just there, you arent thinking about what your doing in the future or what you did in the past and your just flowing."

"For KYOT this is Phoenix dorninger and Kai Brauneis"