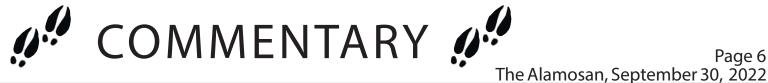
"To give anything less than your best, is to sacrifice the gift." —Steve Prefonntaine

-Section Editor-



Alamosa Continues Life After Covid



Vontinuing Life after Covid has been a weird feeling for all students. After two years of masks, social distancing, and even doing school Online, it feels weird in a way to finally be able to do things without having to worry anymore

Before Covid, nobody had any idea that what we as students thought the "normal" events and things we do at school would change forever.

Personally, I never thought wearing masks, and having to do classes Online would ever feel normal.

As a student at Alamosa High School, I can agree that covid lasted so long, that living life trying to avoid Covid turned into a part of my everyday

Covid is gone now, and it feels almost like everything I do is wrong in a way.

Living life after Covid is going to be harder to get used to than we all thought.

Many students might even have felt the same way when starting into a new school year here at Alamosa High school. It is safe to say many of us students got used to the norms of Covid.

As this school year continues to go on, the feeling of relief and freedom comes into play. The feeling of being scared to be without a mask goes away, and being able to be with everyone again is something many students might have missed.

Itzel Lopez, a junior at Alamosa High school states " going back to normal school was a mixture of the feeling of relief and regret. We can interact with everyone and not just the same thirty people, and are able to have fresh air without a mask."

Being able to breathe fresh air without a mask is something most students did not think would be taking away from them.

The feeling of relief comes into play when thinking of how many of us took such simple things in life for granted

Being able to breathe fresh air for one is something we took for granted, we would never have thought of how much of a relief being able to breath would be until we had to wear a mask all day every day.

Things as simple as human interaction is another thing we took for granted. Students got so used to seeing so many of us everyday that when we got stuck with the same exact people all day of every day, it almost felt like prison.

Not only was the feeling of regret because of the simple things we took for granted, but it was also because of all the things many students had to miss out on.

Itzel Lopez continues "we did of course miss out on a homecoming, and a chance of going to prom, and so many other fun school events meaning that we missed a whole year of high school experiences. Overall, we would have had a better high school experience without those Covid years."

Many students missed out on that high school experience that everyone wants.

Nevertheless, continuing life after Covid may feel weird, but if we really think about it that was at one time all we ever knew.

Now we know how to live life with a global pandemic, and how to live life without. This gave many students an advantage because if something were to happen again, it would not be a huge shock and change of lifestyle as bad as it first was.

Going back to normal brings a strong feeling of freedom, and knowing that things in the world like Covid can happen helps many not take anything for granted anymore.

Danica Cortez Sandoval, a junior at Alamosa High school says" Going back to normal is hard yes, because we got so used to the Covid normal that when we were forced back into what was pre Covid it was a reality check. It just made us appreciate that even though we were going through a global pandemic, there was still some good in life."

Living life with Covid did show students another way of life. School became easier due to this global pandemic.

In the long run, coming back to normal and doing school the way we did pre Covid, is really taking a toll on students

Many students including myself, got lazy during school especially during the pandemic. Now coming back to reality is really hard for students to find that work drive again. Many things got messed up, but that is not a reason that should be holding us back.

Danica Cortez Sandoval continues" Many schools went easy on their students. Going back to normal does not feel wrong because it just like how we lived life the year before we got hit with the pandemic. Covid just set an unrealistic example of how life should have been, and going back to normal just feels weird."

Although it seems hard to come back to reality, and it might take some time to be fully comfortable with going back to normal again, it is safe to say that going back is for the better.

Already there is a difference in school and student's lives with going back to how things used to be. Everyone seems happier and free, and many of us do not live in fear anymore. Already we

can see a huge difference in our lives without the fear of Covid anymore.

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The mental health of our students is already getting better, and we can see how Covid really affected not only our physical health but also our mental health as well.

Being enclosed in a way and having no human interacting really took a toll on students, especially now being able to go back to regular human interaction it almost feels too overwhelming.

Coming back to normal all at once can be overwhelming, but now we can all relax and enjoy our lives the way we used to do before Covid hit.

There is so many more things to be happy about now that Covid is out of our way. Being happy and free is an amazing feeling that we all have felt almost immediately after we were in the clear.

There is no more stress, and feelings of not being enough now that we are able to be normal again. Many of us see how much Covid really changed our lives in both bad ways and good.

All there is left to do is to continue to live life to its fullest, and embrace the lives we live.

Covid has taught us many lessons, one being to not take the simple things in life for granted ever again. Continuing life after Covid will feel the same again.

Who	Knows	The	Quart	erback
ALL THINGS QB	KASEY JONES	COACH DREW SANDLIN	WIDE RECEIVER KADE JONES	guard/line backer ABRAM BOWDEN
What is Kasey Jones's favorite food?	s Steak mash Potatoes and ice cream	Chicken Fingers	Chicken Strips	Hamburgers
What is Kasey Jones's favorite movie?	s Transformers 3	Remember the Titans	Reel Steel	Transformers 3
What is Kasey Jones's favorite clothing brand?		Nike	Nike	Nike

What is Kasey Jones's favorite color?

What is Kasey Jones's favorite candy?

Kasey Jones's go to Pre-game song?

