



*club*  
**ANIME**

Row 1: Kathryn Smith, Asa Zbozien  
 Row 2: Victoria Cohenour, Mckenna Hopkins, Atheena Elwood Studebaker  
 Row 3: Tatianna Fenner, Mackenzie Myers, Christiana Condes  
 Row 4: Tyler McLain, Tommy Claman, Clair Johnson  
 Row 5: Mattie Junglas, Jacob Halstead, Anyhia Walker  
 Row 6: Aurora Connell, Victor Gonzalez, Mr Cullins



*council*  
**STUDENT**

Row 1: Dalton Hellmers, Gianna Lewis, Paige Livingstone, Kennedy Larson, Regan Vrana, Kenadee Matarazzo, Zoe Edginton, Tailor Fecteau, Jaisyn Jernigan, Madison Miller  
 Row 2: Ariana Lundmark, Autumn Rasmussen, Hunter Wortkoetter, Dallin Romney, Grace Hellms, Ava Lovato, Paxton Sandoval, Callista Lindaman, Shayla Gamer  
 Row 3: Kayla Parker, Lauren Suiter, Payton Holmberg, Quentin Dickson, Tyrie Hayes Jade Myers, Sydney Newberg Rhiannon Wall, Sadie Sierer, Cataline Case  
 Not Pictured: Abigail Morgan, Juliet Olson, Bryce Raduziner



*table top*  
**CRUSADERS**

Row 1: Easton Phelps, Zackary Whiteland, Emma Cosco-Standing Bear, Clairissa Wood, Asa Zbozien, Cora Woodin  
 Row 2: Caleb Alexander, Matthew Porto, Dani Engasser, Shannon Kosman, Isabella Smith, Tyler McLain  
 Row 3: Zachary Stansberry, James Whitlow, Thomas Claman, William Yount, Alan Claman, Nathaniel Moretti, Alexander Talley

*strength &*  
**CONDITIONING**



Row 1: Josie Gonzalez, Kaylee Tapley, Addysen Krull, Tayler Liptrap, Ashlyn Dilley, Morgan O'Brien, Kamryn Bencze, Bennea Johnson  
 Row 2: Alissa Tran, Juliet Olsen, Lorena Hasenmaier, Madison Billingsley, Malie Fisher, Hannah Brown, Hayden Sauerhagen, Quenton Monck, Gabriel Manore  
 Row 3: Conner Nelson, Bryce Arnold, Nate Aragundi, Miguel Musni, Ben Arndol, Quenton Maldonado, Khyree Pratt

*strength &*  
**CONDITIONING**



Row 1: Luke Singleton, Ryan Sylvester, Kimberly Yates, Janelly Velez, Kielely Smith, Denver Bowen  
 Row 2: Aiden Moore, Ken Truong, Amya Norman, Helia Pearson Taylor Council, Kyara Sheehan, Maxwell Coddington, Mikah Kennedy  
 Row 3: Ashton Surita, Ethan Rasmussen, Xavier Cisneros, Trey Brech, Alexander Rasmussen, Brandon Billingsley  
 Not Pictured: Adam Carter, Malachi Drago, Isaiah Daniel, Johnathan Hurtz, Olivia Newel, Patrick Sheehan

*strength &*  
**CONDITIONING**



Row 1: Braden Doorman, Billy Siefert, Kaden Warren, Mason Carter, Blake Shipley, Keyshawn Dooley



## THE SPIAN *society*

Row 1: Diego Sosa, Darcy Brydges, Lily Cathey, David Dougherty, Tivona Bishop, Liam Bartholow

Row 2: Alexandra Moreno, Andrew Mello, Emily Welker, Paige Livingstone, Adara Caja, Alina Pasowicz



## SHOW *choir*

Row 1: Marissa Derryberry, Addison Garrett, Hadley Ahrens, Emily Welker, Paige Livingstone, Hannah Aragon, Cora Sinclair, Kaitlyn Parr, Tivona Bishop, Sophie Welker, Samantha Cool, Alyssa Drivas

Row 2: Ryden Evangelista, Anastasia Drivas, Zachary Stansberry, Sky Platt, James Williams, Alina Pasowicz, Will Dower, Lindsay Parr, Nic Bolke, Brayden Hutchinson, Chris Kerns, Anayhia Walker, StCyr Smith, Lily Cathey, Andres Andino-Cabrera, Aidan Blake, Amelia Done, Ainsley Copeland, Xavier Hernandez, Kayce Stawson, Lincoln Anderson, Cathrine Utley, McCayla White, Darcy Brydges, Diego Sosa, Payton Gnas, David Van Gorder, Amelia Makowsky

Row 4: Quentin Dickson, Dallin Romney, Xander Thompson, Megan Jordan, Evans Brownsberger

Row 5: Alex Blouin

Not Pictured: David Dougherty, Quinn Moore, David Orozco, Rhiannon Wall



## LEADERSHIP *advanced*

Row 1: Lauren Suiter, Shannon Kosman, Ethan Rasmusen, Gaharret Lawrence, Jacob Myers

Row 2: Morgan Hampton, Baylea Larson, Tyson Monck, Andrew Johnson

Not Pictured: Gabbie Giosca, Braden Doorman, Arianna Lundmark, Caden Monson



## LEADERSHIP

Roster Alphabetical: Brianna Bebb, Madison Billingsley, Evan Brownsberger, Maya Bunchko, Charlotte Carr, Dylan Cary, Cat Case, Xavier Cisneros, Haylee Cope, Taylor Council, Ashton Davis, Marissa Derryberry, Quentin Dickson, Zoe Edginton, Autumn Ehlers, Xandra Gerrish, Brandon Glenn, Ian Glenn, Gwyn Goodwin, Alyssa Guiao, Alexia Gump, Brooke Hand, Grace Harding, Ariana Harris, Sebra Heiniger, Hayleigh Holweg, Andrew Humphrey, Jaisyn Jernigan, Josiah Johnson, Bradyn Kashansky, Daniel Kasjansky, Sevanna Kitt, Addysen Krull, Baylea Larson, Austyn Larson, Matthew Lohr, Roach Loukas, Ava Lovato Bettendorf, Quentin Maldonado, Kenadee Matarazzo, Taya McDanel, Gaike Meyer, Quentin Monck, Lacey Moore, Savannah Moore, Hayden Newberg, Tamara Overbey, Lindsay Parr, Alijah Perez, Nathan Reed, Christian Reed, Isadora Reynolds, Agustian Rivera, Loukas Roach, Isabella Sackett, Alex Sanabria, Bella Santora, Patrick Sheehan, Zoe Stahnke, Lauren Suiter, Isaiah Torres, Alissa Tran, Gregory Wesley, Karis Winston, Ayla Wise, Jolie Wojciechowski, Kaylee Wood, Asa Zbozien

## weight room face-lift

*after*



"The weight room was redone to better enhance the learning atmosphere and to provide a collegiate weight room atmosphere. The weight room was redone by a company called Perform-X. They specialize in flooring for weight rooms across the country including fitness centers, colleges, as well as professional teams. The team that completed the weight room for us took three days to lay out the platforms and the turf and make everything work and look amazing. Funding for the new weight room as well as some of the new accessories came from both school improvement funds, as well as fundraising money from summer strength and conditioning programs. All funding was approved through the district."

"What makes the weight room different than before is several items. First, we have turf in the weight room which will allow for speed and agility drills done year-round and on more of a real surface that students are used to playing on. We also have tracks that are on both the platforms and squat racks where students are able to hook bands into that which will help increase students, rate of force development, which will help increase performance, and much more. The new weight room aligns with the mission of the weight room which is to develop well-rounded individuals using scientific strength and conditioning principles."

-Couch Loudon, Staff

*before*

