

# Go *Off* Queen

STUDENTS EAT AND SLEEP DURING THEIR OFF PERIODS

**Cole Murray, 11**, also goes to Starbucks to get his work done. "I love getting the fox cake pop every time I go to Starbucks," Murray said.

**Ava Seymour, 12**, goes home to eat lunch. "I'll get Starbucks or McDonald's. Or I'll go home and make soup dumplings," Seymour said.



**Scarlet Ainsley, 11**, prefers to stay home and sleep. "My favorite part of having first off is not having to be in the building," Ainsley said.

Free periods are a crucial part of a student's life. They can be extraordinarily helpful for students to de-stress. Many students take advantage of their free period in order to get homework done and to socialize with friends. Students also enjoy relaxing and being able to take a break from the long and tiring day.

**Rachel Clark, 11**, enjoys her off period because she is able to relax after all of her classes. She can also take a nap in order to feel refreshed. "It's really relaxing and I can take a nap if I want to," Clark said. **Zachery Schmitz, 11**, does several things on his off period.

Sometimes he does homework and other times he goes off campus. "I talk with my friends and do homework. I went to Starbucks the other week," Schmitz said.

**Clara Harker, 12**, also likes her free period because she can work on her tests, essays, and college applications. "It gives me a lot of extra time to get things done that I don't otherwise have a lot of time for," Harker said.

From getting stuff done to spending free time, free periods are important in a student's life. It can also be a vital aspect to improving grades and mental and physical health. *story by alaina feddes.*

# Working Hard

STUDENTS TALK TO FRIENDS AND DO HOMEWORK DURING THEIR FREE PERIODS

## Hardly Working



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1. **Caleb Chau, 10**, studies in the Free Range Bear area with **Nicolas Barton, 10**. Chau likes to sleep and do homework when he has his free period. "I sleep on the table and when I have homework I'll do it," Chau said. *photo by ruby bales.* 2. **Jayden Kailey, 11**, and **Grace Weitzel, 11**, color in the library during their off periods. On the days they don't study, she is working on her off period, she visits her Nana. "I get to leave and go hangout with my Nana," Kailey said. *photo by ruby bales.*

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3. **Clara Harker, 12**, works on homework in the library during her off period. Harker finds her free period helpful because it gives her plenty of extra time to get all of her tasks done. "I use my free period to do school stuff like working on college applications and preparing for the ACT," Harker said. *photo by ruby bales.* 4. **Todd Osborn, 11**, studies in the calm library environment. Osborn enjoys his off period because it gives him some time to himself. "I normally work on homework and talk with friends," Osborn said. *photo by ruby bales.* 5. **Canor Fry, 10**, reads a textbook in the library on his off period. Fry likes having an off period because it's a good time for him to relax. "I would rather have an off period than not," Fry said. *photo by ruby bales.*

"Usually I'll go up in the library and hangout with some friends there and talk around and work on homework. It's nice being able to do whatever I want during that time and I have lunch right before so it's nice if I need to have free time."

*Todd Osborn*  
**Todd Osborn, 11**

## STICKIN' With It

STICKER MOSAICS ARE PIECED TOGETHER IN THE LIBRARY THROUGHOUT THE YEAR



In their spare time, students have pitched in to help create sticker mosaics in the library. It has become a unique way to help relax after a long day of school.

"It's really fun so that I don't have to work on homework the whole time," **Ethan Mathews, 12**, said.



"You don't ever see the same exact color on the same mosaic and so I just love seeing them all come together," **Greta Erickson, 11**, said.

### LEARN YOUR OWN WAY



**Emily Gale, 10**

"I love listening to music to relax. And sleep. Yes, I sleep during my period when I am tired."



**Erik Weiskircher, 12**

"Sometimes I'll take a nap because I have work right after at four. So I sometimes relax before I go to work after school."



**Kate Ulmer, 9**

"I write short stories with suspense. I don't have a lot of time at home, so getting things done and sending them to friends so they can read them is a fun way to pass time."



**Caleb Ray, 11**

"I use it to sleep in and catch up on homework if I have any. I use it to work."