



**One Team, One Dream**

Being active as a team helps build relationships with many varsity hockey players. "I love hockey, its my everything," Kai Gruenther (11) said. He enjoyed spending time with his team.

Photos by M. Kuzminski

**SKATE FAST ON**

**The ICE**

A Great Varsity Season

**H**ockey is a competitive sport, typically played on an ice rink with skates. Many varsity members used this exciting action-packed sport, as a way to build team relationships and have fun. 12th grader, Brenden Wolff shared all the positive aspects of his favorite sport. "It has helped me make friendships with many people, and it has taught me perseverance because not everything will go your way," Wolff said. The athletes gained experience through years of practice, 10th-grade varsity player, Brady Sisto, proved. "I started skating when I was the age of three and still love and play the sport to this day," Sisto said. Along with the many benefits of hockey, many players, like 11th-grade student Mark Hambrick, loved the future gains he received. "Hockey has helped me become a leader and has inspired me to work hard no matter what the situation is," Hambrick said. After a long season of Hockey the athletes came out as champions in the rink.



**Real men wear SKATES** Varsity hockey members not only have fun playing the sport, they also learn lessons as well. "Hockey taught me how to work better with people," Mark Hambrick (11) said. He enjoyed learning new things with his teammates.  
Photos by M. Kuzminski

**Hockey with Heart** Practicing helps varsity hockey players play well. "Practicing helps you begin you begin to grow your confidence and trust yourself," Brenden Wolff (12) said. Wolff got to learn a lot about himself throughout the season.  
Photos by M. Kuzminski

**Go Hard or Go Home** Hockey players show how important the sport is to them. "My favorite memory is beating mount vista during their wish week," Kristian Hayworth said. Teamwork always helped when working together.  
Photos by M. Kuzminski

**Skills and Sticks** Varsity hockey members share their enthusiasm about playoff season. "I am really excited, hopefully we can win!" Mark Hambrick (11) said. He enjoyed being on the ice with his team.  
Photos by M. Kuzminski

**Play Ball!** Hockey helps players stay in shape for this varsity season. "Hockey keeps me up and active all the time," Brady Sisto (10) said. He got better at hockey while he practiced.  
Photos by M. Kuzminski



**Brady Sisto**

"Everyone's kind of like my family and we all work together. Never give up, keep working hard, because hard work pays off."

**Success in a Signature** Athletes sign to new colleges



**Future Athletes**

Senior student Jack Love signs at the college Bellarmine University. "My teammates pushed me everyday to be the best lacrosse player I could be," Love(12) said. Getting to work together was exciting for him.

Photos by K. McCormick



**Believe It, Achieve It**

Senior student Cayston Conover signs at New Jersey Institute of Technology for lacrosse. "Sports have always had a positive impact on my life," Conover (12) said. Conover enjoyed playing their sport.

Photos by K. McCormick

**Get Rowdy** The JV Hockey Team Makes the Playoffs



**Go Big or Go Home**

JV hockey celebrates a successful season on the ice, which follows their championship at playoffs. JV athletes shared their experiences on the rink. "Hockey is about commitment and passion, which has built who I am," Logan Flay (11) said. As winter sports came to an end, the hockey athletes eagerly awaited next years games.

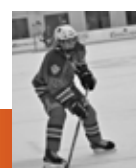
Photos by L. Herrera

**me + you = TOGETHER**



"I grew a lot as a player and a person being my junior year and stepping into a leadership roll."

- Jackson O'Brien(11)



"Hockey is kind of an escape from reality."

- Logan Samador (9)



"This season I gained dedication and hard work and the grind."

- Zane Miller (10)

**FEBRUARY** varsity hockey, JV hockey, signing day

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