

there's no I in TEAM

Athletes learn important life skills through participation in their chosen sport. Story by Sienna Burford

OUR TAKE ON IT

Nathan Archambault (8) on Drake's cross country 2nd place finish.

How did you find the preparation for the season? Was it hard to train for, or did you find it easy?

"It wasn't hard, but it took a lot of practice and commitment. It wasn't necessarily easy but it wasn't hard either. When you run with others it is easier."

How did you feel about winning 2nd place at your final cross country meet?

"I think it was really cool. I was really happy we made it. It would of been better to make first, but second is good."

Bringing team sports back to Drake was an early priority for Principal Melinda Feir. "Team sports teach you how to work hard, put time and effort into practicing something, and then see the rewards of your hard work pay off in a game. I love all of the life lessons that students can learn from team sports, and that's why I wanted to have them offered here at Drake," said Feir. We took a look at how the values of teamwork played a part in Drake's fall sports.

THE DAILY GRIND

The flag football team learned how important communication could be to a team. "Teamwork helped us win because we had good communication on the field," Alex Jumel (6) said. The football team did various things to build good teamwork. "We did a lot of passing drills, and we became friends by asking each other questions," Brayden Alcorta (7) said.

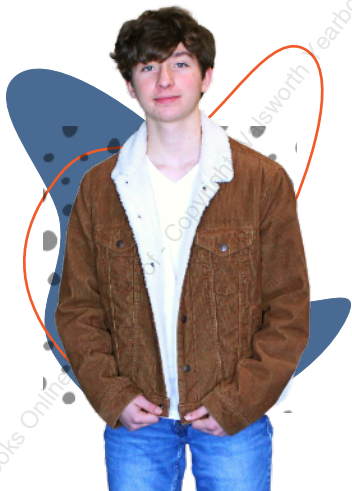
TRAINING TOGETHER:

When people think of team sports

they may not first think of cross country, but teamwork is involved. Here is how Drake's team used teamwork to their advantage. "We got broken up in teams to improve our speed," Isabella Urban (8) said. The cross country team used various techniques to help build teamwork. "We encouraged each other along the way and ran with each other and set a point to run to and then get a new point. It is sort of a team game. You just try to encourage each other as much as you can," Penny Appl (8) said.

TEAMWORK MAKES THE DREAM WORK!

Why is teamwork important? While it means different things to different people, this was what it meant to Esme Allison (7): "Teamwork is important to find out the best option. It is working together and having fun while doing so," Allison said. At the end of the day, whether they won or lost, these athletes learned this important lesson: There is no I in team.



LELA VS BRIAN

Which sport is better? We asked Lela Cozzi (6) and Brian Lantz (6) what their favorite things about their sport was. Here's what they said.

Running with others.

Practice to win.

Winning a medal.

The meets.




The practices were fun.

Football playoffs were so cool.

Playing with others.

Getting a medal.



FRIDAY NIGHT LIGHTS. Coach Mike shouts directions to his offensive team during the playoffs at the Scheafer Athletic Complex. "It felt good winning because it was a well deserved reward, and it wasn't just handed over," Nathan Gonder (8) said.



RUN! RUN! Keeley Johnson (7) finishes her final race on the Drake cross country team. "My last race was longer than the others, and there were a lot of tight turns," Johnson said.

A RUN FOR THE MONEY. Mason Kreidler (7) runs the football during practice. The team was practicing scrimmaging against each other to improve their skills.



ON THE LINE. The flag football team gets ready to run a play during their first game of the season. "We lost our first game because our coach just left us for another job. The games were fun because we had a lot of good teamwork," Issac Parr (6) said.

STRIKE A POSE! The cross country team gets together for a picture after a successful day at the Jeffy League Cross Country Championships in early October. Esme Allison (7) placed seventh overall in the girls race, while both Jackson Roesner (8) and Turner Frederico (8) placed in the top 15.

HUDDLE UP. The Drake flag football team huddles together to think of a play for their scrimmage. "During practice we practiced different drills and plays. We also messed around with each other a lot," Liam Kobar (7) said.



WHOOSH! Michael Middleton (8) throws the football to his receiver. "We ran a lot of passing drills at practice," Middleton said.

HAPPEN
HAPPEN
HAPPEN

Celebrate

"I was about to finish the race; I was so close to the finish line. I made my friends put their hands out for me to high five because my mom was taking pictures of me," Keeley Johnson (7) said.