







JAXE SSE

TRIM LINE

Making History

A Race to Remember. After moving into the championships, the cross country team is ready to be worthy competitors. The team achieved a higher placing at the league championship than ever before. The girls team finished in second with Maya Ross placing fourth overall and the boys finished in first with Evan Mills placing second overall. Getting second place at league is something that the girls team has never done before. Kennedy Stadler, in response to hearing the unexpected results, said, "I was so proud of our team. I think our team became a lot closer because of the victory, we were really able to enjoy the amazing moment." The unparalleled results came as a surprise to **Asha Stephens** as well, "At first I didn't think they were real." The boys team won the league championship which has only been achieved a few times in the cross country team's history. Caleb DeLalio was overjoyed by the win and shared, "I was really excited that we got first and second place, it was such a successful race, we were all so happy and the coaches were proud."













Running in Pairs

Side by Side. If you pick the right person, running with a teammate can make a world of difference during a race. After running a race with **Timothy Parish**, **Brendan Stonecypher** explained, "When you're running with someone by your side, there is something psychological that says like, they're hurting the same amount you are and they are still going, so you can keep going too." **Diego Saenz**, who ran alongside **Beau Noland** at league, commented, "I try my best to encourage, I let them know that we're almost there and we'll stick with each other." **Averee German** said that running with **Lydia Crookston** makes running less lonely and helps her run faster. By running next to someone during a race, these athletes are motivated because of their teammate's encouragement.