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TRIM LINE \_\_\_\_\_

## **CLUBS & CLASSES**

# THE MEANING OF PRIDE/

# Q&A// What was your experience coming out?

### REMI GRASMICK (9)//

"It took me a while to come out to my friends and my mom. When I did, they were really supportive. Seventh to eighth grade things began to get hard. Sometimes I'd get a little bullied by classmates. It got better once I hit freshmen year, but it wasn't always great either."

ANONYMOUS// "I personally am still exploring who I am. I've known for a long time that I found anyone attractive and liked who a person was no matter the gender. But, after being guarantined for almost a year and half, I was able to comprehend feelings that I never had time to feel. I began to envy men/women/non-binary people. I wanted to be like them. It was different on certain days, but I began to dislike myself more and more. I never had the time to feel this feeling so much, that I didn't realize that I felt that way. Although being isolated from everyone, I was able to better understand myself. It's a start to getting to know and love who I am."

#### FELIZ MARTINEZ (12)//

"I was so scared just because I didn't know how they [my friends] would react. It has been positive with my friends and grandparents, but from other

people it's been half and half. Some people are negative towards anything. It's not something they're used to."

# **REDS REMEMBERED //**



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I AM...//

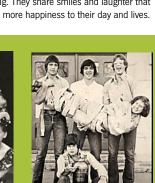
"I am creative." -Brianna Lewis//

"I am open-minded."

-Dharma Perkins//

"I am fearless."

-Mylee Cross//









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GSA

# OUR PRIDE

GSA stands for Gay Straight Alliance. This club is for students who want to support others within the LGBTQ community. In the club, one of the topics commonly discussed is the mental health within the community. Some people in the community deal with mental health struggles because they are trying to figure out their identity along with the lack of acceptance of their identity. Club president Feliz Martinez said, "We talk a lot about mental health and how that affects LGBTQ teens or young adults in the community and how using pronouns and getting support is needed for students trying to figure out who they are." Some statistics provided by the Trevor Project showed that 42% of LGBTQ youth seriously considered suicide in the past year and 72% of LGBTQ youth reported symptoms of generalized anxiety disorder. The mental health struggles could be caused by the lack of support in their homes and at school. Another statistic showed only 1 in 3 LGBTQ youth found their home accepting. GSA is a place where students in the community can find support whether they lack it in other areas or not.

### "IT'S A GROUP OF INDIVIDUALS THAT ARE SEEKING A PLACE TO BE THEMSELVES. THE PEOPLE ARE VERY KIND AND IT'S JUST VERY EASY TO BE THERE AND TO JUST BE YOURSELF WITHOUT FEAR."

-ASHLEIGH WILLIAMS (11)

# BASIC VOCABULARY//

differences."

GENDER

Raevyn Doolittle (10), Remi Grasmick (9), Cyrus VanBriggle (9), Lika Walker (9), Michelle Vallejos (10), Logan Doddridge, Chandler Herbst, Brianna Lewis (12), Mylee Cross (10), Feliz Martinez (12),

Scarlett Wray (12), Kaitlyn Gomez (12), Dana Wynn (10), Alex

Rumley (11), Isabella Vandergriff (9), Lanny Vallejos (9), and Abigail

FLUID// A person who does not identify themselves as having a fixed gender.

# DEADNAMING//

To use the birth name of a person who has changed their name along with their identity is usually offensive within the LGBTQ community.

# PREFERRED

TRIM LINE

Every Monday during lunch, GSA conducts their weekly meetings in Chandler Herbst's room. The meetings serve as a place for the students

to feel safe and to be themselves. Cyrus VanBriggle (9) said, "The school is really chaotic, and I don't think it's very inclusive at all. The GSA is just

[a] little group of friends. It's like, come join us if you want. Don't be a jerk. It's filled with people who actually care and will accept you for your

**PRONOUN//** The set of preferred pronouns a person uses and would like other people to use when talking to or about they/them/theirs, he/him/his, she/her/hers.

# NON-BINARY//

Describes individuals who identify as neither man nor woman, or they identify as a combination of man or woman.

# GENDER

**IDENTITY**// A personal sense of one's gender and can correlate with a persons assigned sex or differ from it. Customer is allowed to have objects outside of the margin.