



## check mate!

### CHESS CLUB PRACTICES THEIR TECHNIQUES IN THE LIBRARY



"Chess club is such a fun club to be a part of and I love all of the members that are in it. Being a part of chess club allows me to create new ideas and causes me to think ahead", exclaimed **Daniel Fisher (9)**.

"My favorite thing about chess club is that it has a sense of community and social interaction that I love! This club is never boring and makes me feel empowered", mentioned **Alexander Villegas (9)**.



"I love the comfortable environment! We are given the space to learn and grow without any significant pressure to produce certain results", said **Olivia Fendrich (11)**



**1. swish!** Kaiden Ginther (12) supports a fellow athlete as he dunks the basketball in the hoop. "My favorite part of innovative fitness is getting to know the athletes and find out what their favorite sports are", said Ginther. *photo by nora bubelis* **2. one kick wonder.** Cora Nelson-Smith (12) cheers on classmates while playing kickball in innovative fitness. "Innovative fitness as a class really enjoys practicing basketball for upcoming events. Working with the coaches to hone their skills really benefits them when it comes to unified games", Smith commented. *photo by nora bubelis*

**Winter** innovative fitness

80

how we see it

What is your favorite type of dog?

"A Lab" Devin Shepherd (9)

"Yellow Labs" Riley Griffin (10)

8

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# court is now in session

## INNOVATIVE FITNESS PRACTICES KICK BALL AND BASKETBALL IN CLASS

Innovative Fitness is a class at Littleton High School that combines students with special needs and general education students. Sixteen years ago, it was designed in order to create a way for all students to have fun while staying active. “For some of our students this class helps them learn to play new games or to be physically active and engaged in class by moving their bodies. For other students in class, typically our coaches, they are learning how to be peer mentors and positive role models for those around them”, described innovative fitness teacher, Mr. Matthews. General education students who are interested in participating go through a brief questioning process, and once approved they can join the fun. This class is very inclusive and fun for all involved. “My favorite part of the class is building relationships with everyone and seeing everyone smile throughout the class”, said Junior Kyle Hisamoto. Crossing the bridges of social boundaries, students of different abilities and talents are able to collaborate, develop relationships and practice physical fitness.

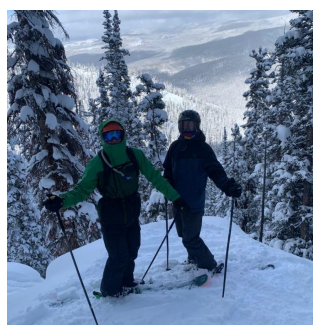


## ski you later

### STUDENTS HIT THE SLOPES OVER MARTIN LUTHER KING WEEKEND



**3. out of the park.** Sunny Munoz (10) kicks the ball to the other opponents to start off the game of kickball. “I love playing kickball in this class because it adds excitement to everyone’s faces and kicking the ball makes me feel so powerful”, exclaimed Munoz. *photo by nora bubelis* **4. home run!** Ian Jorgensen (12) swings the bat to try to get the ball across the gym to run without getting tagged. “Innovative Fitness is one of my favorite classes because we get to play so many sports and I get to play them with many of my friends”, said Jorgensen. *photo by nora bubelis* **5. we are the champions!** McAllister Johnson (12) and Ashley Delgado during innovative fitness “I really love innovative fitness. It’s such a fulfilling class to participate in,” mentioned Johnson. *photo by nora bubelis*



“Skiing with a group of friends and going off of jumps would be my favorite part of skiing. Speeding down the hill is such a fun thing to do”, stated **Luke Kennedy (10)**.

“My favorite part of MLK Weekend was getting to ski with my best friends and being able to go walk around Breckenridge afterwards”, commented **Morgan Kelly (12)**.



### January 10th-16th

"Samoyed" Olivia Lingo (11)

"Australian Shepherd" Max Regan (12)

*bubelis, keopke, wedgeworth, watts*