

Chances are, you've donated your old clothes to places like Goodwill sometime in your lifetime. Maybe you've even gone to the thrift store to search for clothes. Over the past couple of years, thrifting has increased in popularity among teens through social media platforms like tik tok and instagram. It's a unique approach to fashion that's not only sustainable, but cheap as well.

As thrifting is very prevalent in the Rampart community, several students share why they decided to get involved with sustainable fashion.

Fast fashion has detrimental effects on our planet. However, thrifting has many benefits including its sustainability and positive effects on the environment.

Not only is thrifting cheap, but you'll find something new every time. That way, you can fit your wardrobe to your personal style.

So next time you're looking to change up your wardrobe, consider going the sustainable route and choose thrifting.

This has been Ellia Bono, reporting for Kram.