

HOW TO: VALENTINE'S DAY

DATE IDEAS:

- * Go out to eat at a nice restaurant
- * Bake some desserts
- * Stay in and cook a nice dinner
- * Go for a picnic
- * Watch movies at home or go to the movie theatre
- * Ice skating
- * Watch the sunset
- * Paint together or do different crafts
- * Decorate valentine cookies

TOP VALENTINE CANDY:

1. Conversation Hearts
2. Reese's Peanut Butter Hearts
3. Chocolate in a heart shaped box
4. Lindt Lindor Truffles
5. Ferrero Rocher
6. M&M's Milk Chocolate Cupid's Mix
7. Fun Dip Valentine Cards
8. SweeTART Hearts
9. Dots Valentine Gumdrops
10. Godiva Chocolates
11. Chocolate Roses

GIFTS FOR HIM & HER:

- * Jewellery (rings, necklaces, earrings, bracelets)
- * Red, white, or pink roses
- * Box of chocolate
- * Something personalized/homemade
- * A handwritten letter
- * Pictures/personalized photo gifts
- * Clothing or shoes
- * A pet

FACTS & STATISTICS:

- * AKA "Saint Valentine's Day" or "Feast of Saint Valentine".
- * Half of the American population identifies as single on Valentine's Day.
- * Teachers receive the most valentine gifts.
- * It has been celebrated for over 1,500 years.
- * Cupid has its roots in Greek mythology.
- * In 2021, the US reached approximately 22 billion dollars in spending for the holiday.
- * Americans send approximately 145 million Valentine cards each year.
- * "Lovebirds" are actual birds.