

Strategies and Techniques for Finals Season



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—Section Editor—

The time of year that every student is dreading and anticipating is approaching: semester one finals.

Alamosa High School has their finals every December. Finals typically take place through the span of a few days during the week before break.

The following days before exams students can be found cramming to study and retain all the information they have been taught in the previous few months.

There are strategies and techniques that have been researched and shared with students that have proved to be effective and efficient studying techniques.

Alamosa High School's teachers go above and beyond when it comes to preparation for finals.

Students have an "access" class almost every Thursday, which is a 45 minute class.

Which they are provided the opportunity to go conference and get extra help in subjects and they are struggling with the

most. Staff also provide study guides and materials all semester that students can utilize when finals come.

Teachers offer help during access along with giving students study guides weeks prior to finals.

This is done to ensure that students are not denied all the materials and assistance needed to reach success when the time of finals occurs.

A new resource offered this year has been provided to assist in finals seasons. Students also have access to the tutoring center.

The tutoring center is new to Alamosa High School and opened for the 2021-2022 school year.

The tutoring center is taught by fellow Alamosa High School students who volunteer during their access period and any other free periods. The tutoring center is an opportunity that should be utilized and not passed up especially during the first finals season of the school year.

There is only so much that teachers can do in assisting students in their studying and preparing for their finals. The

largest portion of receiving a passing and successful grade on the finals is up to the students themselves.

This requires dedicating time and effort into studying not only the night before the final being taken, but along with days and even up to a few weeks before the test.

The amount of time spend studying should depend on how much the student is either struggling with the class or not.

Study tips that students have been told since beginning taking important tests is that students receive a good night's rest the night prior to the finals.

Students can also find time to study with their fellow classmates, working with others is a great way to get quizzed and assist in the majority of the class receiving a passing grade.

Making flash cards revolving the unit focusing on those that appear the most difficult creates an easy on the go studying method.

Making flashcards also leads to the student having to write out the information which was previously mentioned. Finding a location to focus on studying with little to know dis-

tractions can help students gain more in depth understanding of the materials being covered.

It is also important that students take breaks while studying

Students should also ensure that they are not only looking over their study guides, but should also say the information out loud and also write it out a few times.

By doing these tasks repeatedly it gives the student a higher chance of memorizing and retaining the information for when the time of the test comes and give students a higher chance of passing with a successful score.

There are also superstitions that have been said to assist in students obtaining more information for the test.

Such as chewing mint gum while studying. Along with only taking a test with a lucky pencil and eating a specific breakfast prior to the tests.

These concepts may not seem realistic or appear to serve no real results; but any tactics that give students confidence and reassurance before the exam add no harm if it is assisting individuals in receiving a success-

ful grade. The purpose of finals is to see how much the student has grown and improve from the beginning of the year.

In a majority of the courses taken at AHS within the first few days of school teachers will give out pre-tests to see how much every individual already knows about what is going to be covered in the course.

Taking the finals shows the teacher how much information their classes have learned over the first two quarters.

Depending on the students test average and how well or how poorly the students do, this gives insight to what materials may need to be covered again.

This also shows the student what materials in the course they struggle with the most and need to take the proper actions of getting help to better understand the unit.

Although finals may bring a lot of stress to students and even the teachers at

Without the standard tests such as finals high schools would lack the measuring of the progress made by their students and effectiveness of their teachers and staff.




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