



# TAKING A STEP INTO THE FUTURE



2. **Madeline Breckon 12**, performs CPR on a baby CPR doll in order to replicate how to properly give CPR to a child. "My favorite part of the CPR class was practicing how to save a baby from choking and performing CPR on them. Being in class I liked all the simulations and discussions we did. I am super excited for the internships coming up in March for the Paraprofessional education!"
3. Students work in the FCS classroom during their hybrid learning day in order to get work finished for their class.
4. **Rebekah Craig 11**, works on her paper for child development in order to assess whether she would be a good parent. "I like not having a fake baby this semester because of COVID."



# LIFE SKILLS

## BIG THRILLS

Vista Ridge offers many classes that provide real world situations for students to use in their adult life. Some of these classes like Independent Living provide information such as filling out resumes and W2 forms. Others teach the development of children and how to take care of them. Having these classes provides a lot of critical information to Vista Students that will eventually help them when they graduate. **Mrs. Dressen** states, "My classes provide students with skills to have healthy life long relationships and how to handle children. These skills provide help to students outside of the classroom which can be very beneficial to see if they can be parents and how strong bonds can only happen if you have respectful relationship with yourself."

### QUOTE ME ON THAT



"I am so thankful for my choice to teach Family Consumer Sciences! I get to teach students life skills, financial readiness and career readiness skills!"

Mrs. Savannah Mease

The Paraprofessional Education course provides students with CPR classes in order to understand and recognize how to do CPR on children and adults alike.

1. **Britni Bell 12, Kate Wallick 12, Hannah Verzwylt, Madeline Breckon 12, Jace Phillips,** and **Rylie McManus** attended this class and were provided a life saving opportunity for a real world situation. **Britni Bell, 12,** said, "I thought CPR training was really fun and my favorite part would be getting to use the CPR manikins and getting CPR certified in the end."

### QUOTE ME ON THAT

“ My favorite part was when we got to do our taxes. Being in independent living teaches me how to live with roommates. **Jonathan Moyer, 12** ”

“ I like that I'm learning things that I will have to deal with in the real world. I am learning and preparing for life on my own. I don't have a lot of memories from this class except for the one day I was in person. **Mackenzie Beamer, 11** ”

“ It's preparing me for life outside of high school. One on one is provided to me when I need it and it allows success during the class. **Chandler Mason, 12** ”

“ I think independent living helps with stuff after high school. I think COVID hasn't really affected it much, but it would be easier to follow in person. **Aneica Espinoza, 12** ”

“ Being able to understand the development of children is the biggest takeaway that I have gotten from child development. I don't have a lot of memories from this class but it is interesting. **Maddy Haynes, 9** ”

“ My biggest takeaway from independent living is learning how to do taxes and how to budget for an apartment. I loved the Kahoot games we did during the first semester. **Joshua Nelson-Rivera, 12** ”

“ Child development is supposed to be interactive but since its on Zoom it's a little harder. I enjoy learning about children and their development. **Jasmine Wilson, 9** ”

“ My favorite part of child development is being able to take care of a simulation baby. It's really fun even though most of the learning is online. **Francis Phillips, 11** ”