

098 **olympic** as in - relating to the Olympic Games

Online Game Time: Fantasy Football

"My favorite player in general is Travis Kelce because I drafted him this year and he got me a lot of points. If I could repeat the season, I would try to draft different players and stay on top of it if they got sick or hurt. A lot of my players got COVID so they couldn't play or didn't play as good as they normally do."

Asha Stephens - 23



"COVID added a new aspect of randomly benching people because they can't play due to the virus. It also changed when the weeks would end because games got rescheduled due to COVID. I got third place in the league with the most points forward. We would normally have a small buy in or a punishment like getting shot in the back with a paint ball gun but because of COVID we did not wager anything."

Roanan Gallaher - 21



"I decided to play fantasy football when a group of my friends just wanted to play for fun. I've always been interested, but didn't play till this year. Nobody bet and there was no punishment for the loser, but I hope we add that to next years season. If I were to repeat the season, I would have drafted Tyreek Hill, Patrick Mahomes, Josh Allen, and Alvin Kamara."

William Spencer - 22



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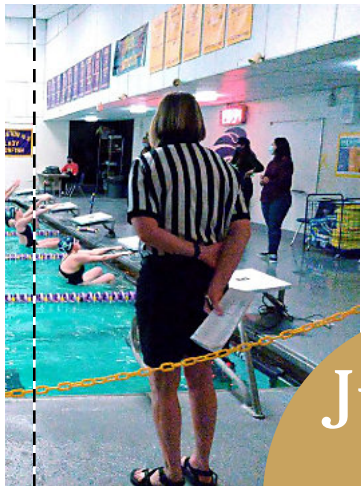
TRIM LINE



BREAKING BARRIERS

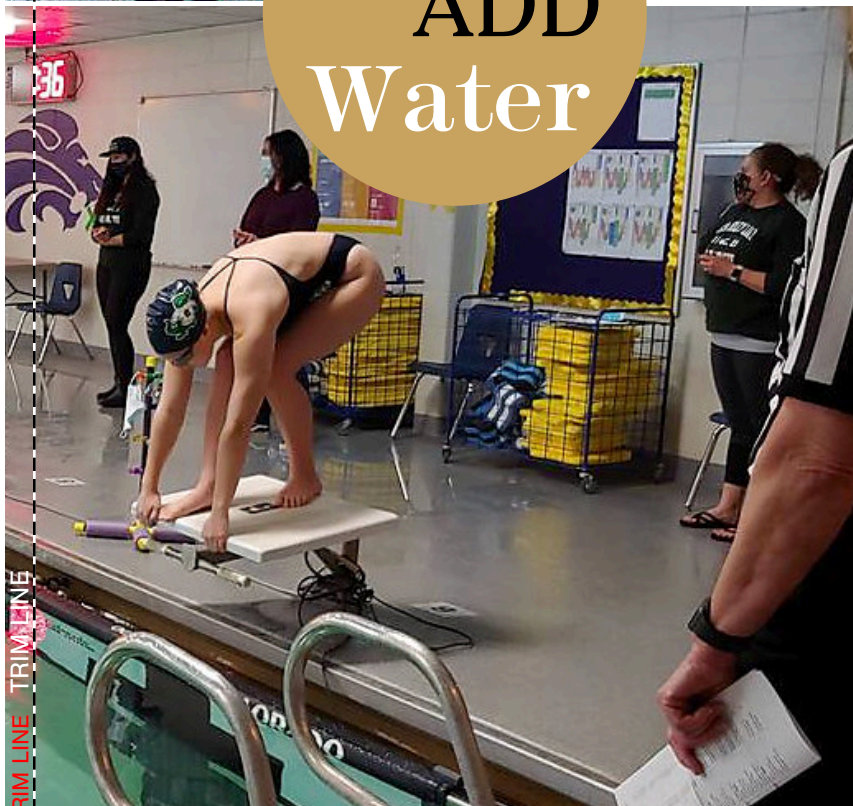
TaekwonDOPE. With the hectic aroma surrounding the life of high school, **Beau Narum** and **Jordan Quach - 23** escape to a place of adrenaline and inspiration in the world of Taekwondo. When thinking about the concentration it takes for martial arts, Beau remarked, "It is really hard to describe what it's like when you are fully in the zone. I feel it the most when we are doing either sparring or breaking boards. The feeling is kind of incredible. Your mind is focused completely on what kicks your opponent is throwing and what kicks you are throwing. It is an incredibly therapeutic and relaxing feeling." On the other hand, Jordan discussed why he loves Taekwondo: "The community first of all is extremely respectful, we all address by ma'am or sir no matter the age. Everyone is also super supportive and helpful. The feeling of sparring though is completely different. You are completely drained out, and you might be hurting but something keeps driving you to fight and try to defeat your opponent. That adrenaline rush you get from sparring is crazy."





Instant Athlete. Unable to swim at Jefferson Academy, **Tessa Stadler - 23** races in the pool at Standley Lake High School to pursue her passion of swimming. At meets, Tessa loved participating in the relay with her teammates because "it is a time that allows you to work with your team to achieve something instead of always competing against them." Although COVID delayed and made participating in team sports harder, **Emily Lighthart - 22** explained that a bright side of the season was being "able to share live streams with college coaches, who might not otherwise be able to watch my events." She swam the 100 fly, which other swimmers tended to avoid. However, she liked it because it was technique based and helped her to "qualify for more competitive meets." Meanwhile, **Charlotte Nielson - 22** shared that her favorite event to swim "is the 200 individual medley because it involves all the strokes and there's always room for improvement." Charlotte has loved swimming since her parents put her in swim lessons when she was three.

Just ADD Water



Through JA Advantage, **Elaina Troxell - 21** participates in swimming and softball at Pomona High School. Elaina had so much success in her athletics that she signed with Adams State University to continue her softball career.



Frosty Fads

Playing on the ice, **Joe Cesario - 21**, **Evan Mills - 22**, and **Gage Schacher - 21** participate in hockey. For Evan, he "started watching hockey at a young age. The team from Atlanta at the time inspired me to start playing." Similarly, Joe has played for 12 years and had a successful season on his Rough Riders team making it all the way to nationals in New York. Ice skating has played a big part in **Alessandra Donat's - 22** life on and off the ice. "When I'm feeling upset in any way I'll go skating and be in a much better mood. It is something that has always been steady in my life and really keeps my life together in a way when I feel like life is chaotic," explained Alessandra.

