# HEERLEADING

"We had a lot more girls on the team than we've had in past years, so it was harder to stay social-distanced. I was looking forward to working on my new tumbling skills and get more flexible for jumps. We wished we could have worked with our stunt groups for competition, but we couldn't due to Covid. It felt good to be together because in quarantine when you can't really see anyone, you get more lonely, so when you're able to be around people it slightly feels like normal again. I missed my coach a lot, she's like another mom to all of us."

#### **RYLEE JENKINS '22**

"It was really nice to get back to cheer practice after ending in the spring. Our team picked up right where we left off. There were just a few changes with masks and social distancing. It was nice to just have social interaction. I was looking forward to learning some new routines so we could cheer on our athletes when sports came back." photos by j. bish

GETTIN

BACK

# IN THAT

Athletes return to summer workouts under social distancing guidelines

> stories by t. quarles, m. ruser, & z. stanley design by j. bishop

FRIGHTON

# VERSHON BROOKS '21

"After months of Zoom calls, it felt great to be able to see all the guys and coaches in person on the field and in the workout room and put in some work alongside them. The energy was high and everyone on the team knew we had work to do."

GIRLS BASKETBALL

"Getting back on the floor, dribbling a basketball, and seeing the girls again was such a relief. I took the summer to work on not going too fast but fast enough to change the pace of a game. After summer workouts, CHSAA released our shortened season schedule. If I chose to play basketball I would have to quit my job that I started when Covid hit in the spring. The season isn't long enough for me to do that, so I had to make a really hard decision to not play this season."

It honestly felt great to be back working out with my teammates and seeing everyone again. We entered on the backside of gym and Coach [Bo French] would take our temps and have us go in to do warm-ups. I was looking forward to getting better at basketball and seeing my friends again. Our goals as a team were to each improve so

we would be ready for the season, but with Covid, we were not guaranteed.' photos by j. bish

# BOYS GOLF

#### COLBY POZIO '24

"Since we have to spread out on a golf course, our practices weren't too different. Our team just went to the golf course, did our health screenings and temperature check, checked in with our coach and worked out for a few hours at the course. We did a bunch of different things from hitting practice, putting and chipping, all while still trying to get to know each other and the courses we were playing at for the year."

# **ADON LOCKWOOD '21**

"The golf course is pretty big, and since we were spread out on the course, we didn't have to worry too much about

social distancing. When we would gather together closely to listen to our coaches or something else, then we had to wear a mask and stay six feet apart. We were pretty ucky compared to other sports because our game is more of an individual sport, we are spaced

out, and practice and play outside. We took every practice seriously to prepare for our season."

photos by j. bish

# FOOTBALL

# **IMOTHY WOLFE '23**

"We were divided up into like three or four groups because we are such a big team. We practiced for about over two hours. The masks made it harder to work out, but I wanted to focus on improving my athletic abilities and my strength, nentally and physically."

'We practiced like nothing was different even though it definitely was. Our last practice of the summer we got to do ome tug-o-war. With every practice, we needed to work on understanding that there might not be a practice the next day, so we all practiced a little harder with that in our minds."

**IN CASE** 

Specific safety guidelines set by district leaders implemented by teams, coaches

#### BEFORE WORKOUTS

Athletes completed a health screening form verifying they hadn't been exposed to anyone confirmed and that they had no

as loss of taste or smell. Then, athletes like Brycen Fabel '23 had to show the form to his coach Andy Roob, who then checked that their temperature was below 100.4 positive with Covid-19. degrees. All wore masks over their noses and mouths and maintained Covid symptoms such six feet social distancing.

#### AFTER WORKOUTS

Once practice ended, athletes and coaches would take all their equipment used like basketballs, cones. and mats to wash and sanitize them for the next practice

"We couldn't use a football the first few practices. Once we started using more equipment, we had to clean it afterward. If we were lifting in the weight room, we had to sanitize after every use." EDDIE CLEMENTS '24

#### **IN AND OUT OPENS**

In and Out restaurants opened in Aurora and Colorado Springs in December. According to 9News coverage that evening, some customers waited almost 12 hours in drive-thru to order. Students like Alan Johnson '21 traveled to Aurora to order a burger, fries and shake.

IT'S JUST

"Luckily when I went after the grand opening I only had to wait 15-20 minutes. I disliked how I had to fight my way to get through the crowd inside to get my food. I also couldn't believe how many employees were in the back on top of each other. Their milkshakes were the bomb though and their burgers are definitely better than most fast food restaurants. It's good competition for places like Freddy's and Five Guys."

ALAN JOHNSON '21

#### **DUTCH BROS OPENS**

In February of 2020, Dutch Bros opened a new location in Commerce City. Once the school year began, students like Giana Rocha went with her sister almost every day to order different drinks like the Blended Rebel, According to Rocha, the atmosphere was really friendly and they were a lot cheaper option than Starbucks.

#### MY EXPERIENCE

"You can basically go up and ask the employees to surprise you with a drink and they will. I tried a s'mores type drink once that was really good. I brought my brother and he got the Everything Purpose drink, which I thought was ridiculously sweet. The workers basically gave him everything that was a purpose color. It's a moment I will remember."

Students reminisce trends that left impact on their year

SOMETHING WE'LL REMEMBER

## OLLOW THESE STEPS TO MAKE WHIPPED OFFEE JUST LIKE THE FYP ON TIKTOK..

First you need to put equal parts water, sugar and instant coffee into a bowl.

Then mix the ingredients with a hand whisk or use an electric mixer until the coffee is fluffy. This may take a few minutes.

Spoon the coffee over a glass of hot or cold milk and stir. Then, enjoy.



"After learning how to make whipped offee on TikTok and nstagram, I usually make it in the morning when I need something to wake me up. I make it a couple times a week," Gianna Caprio '21 said.

YOU KNOW,

Jessica Strawn '23

Pinterest inspired outfits video reached over 27K likes. After seeing the outfit on Pinterest, Strawn recreated it with the clothing in her closet. Using a tripod for her phone, Strawn filmed herself. In about 30 ninutes, she had the videos she needed to piece together one Tik Tok video

"It was a huge surprise to see my video blow up the way it did and end up on the FYP. I have always wanted to be part of a social media community and hope to continue to make videos when I have time.

For You Page

Whipped Coffee, Pinterest outfits land on TikTok design by j. bishop

#### TRYSTEN SCHUMAN '22

"I chose to binge watch 'Steven Universe' because it's very heartwarming and compassionate. I feel like it can teach the world a lesson. The show is about a boy, who is also a gem, and he has to protect earth from other gems trying to destroy the earth with the help from Garnet, Amerthyst and Pearl. What I love most is that everybody on the show is a gem. I finished the show within a week."

## BROOKLYN YATES '23

"I watched 'Bridgerton because I heard a lot of people liked it, and I really liked the characters and the diversity as well. I liked the characters because they all had different stories and it was always interesting."

### ABIGAIL SPENCER '24

"'Outer Banks' was probably my favorite show this past year. It was the beginning of quarantine and the start of summer. I liked the vibes the show had along with the characters and storyline."

JUST GET favorite television

Students describe shows, music

rawlings, j. ripko & z. stanley design/photos by j. bishop

## HOLLY POOLE '22

"Taylor Swift's 'Folklore' had only been out for five months when she released 'Evermore.' I was still processing 'Folklore' and did not expect 'Evermore' at all. I remember staying up until midnight and listening to the whole album with my sister as soon as it was released. The style and storytelling of 'Folklore' is so revolutionary for her career and music style. The fact that she has written all of her songs on her own and independently made her mark in the music industry is inspiring"

"'Driver's License' by Olivia Rodrigo was huge. It has a good melody, great chorus and a followable meaning. I feel like it's a way of girls sticking it to guys and saying they all bail out on what they say."

## AILEEN FRANCO '21

"I got into K-pop after listening to BTS. The music is amazing, the pop style just stands out and they do incorporate some English into their music which is nice and considerate to their Global fan bases. It sort of brings confidence to whoever hears it."

# JUST A BLESSINGIN School provides Bulldog masks for students, staff during orientation

class during their designated cohorts at Student Orientation Aug. 18-28, they were given their own Bulldog mask. Principal Shelly Genereux chose four designs through BSN Sports that would represent each grade level of students.

"We knew wearing masks wasn't going to be the ideal situation. The goal of the mask was to bring a sense of camaraderie and school spirit to our students and staff."

SHELLY GENEREUX, PRINCIPAL



'If I have to wear a mask I

**TEACHER** 

**PERSPECTIVE** 

I made masks for my ends and family. Nov vear anything that I ed for that day, Archuleta, English

# **STUDENT PERSPECTIVE**

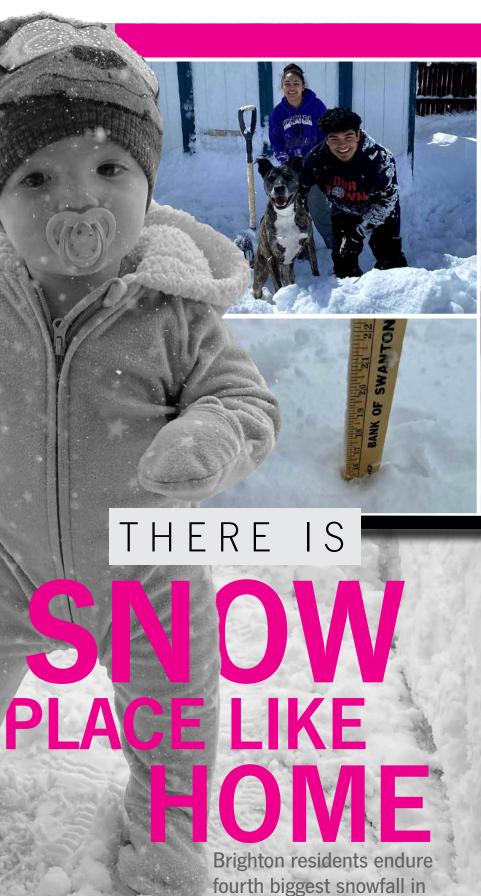
'I like this mask because it is

ny mask is it's a good onarez '22 said

IT'D BE LIKI WHAT WE WILL NEVER FORGE

By the end of the snowfall, the city saw 27.1 inches, which was the fourth biggest snow storm recorded. The weather caused District 27J to cancel all remote learning for March 16.

"This blizzard I stayed in like everyone else, watched some movies and drank some hot chocolate. The snow may have been crazy, but it was very pretty when staying warm inside when it was done." ASHLEY CRUZ '22



recorded Colorado history

story by c. kistler, z. schreiber & z. stanley



sliding glass door to compare their size to the snow outside on March 14. "I had been wanting to bake something for a while but just didn't hav the time. The snow made me think to make my snowball cookies," Cronk said. photo by e. cronk IOW. Fire Chief Phil Tiffany uses his ATV to plow snow in his driveway and others in his neighborhood on March 15. "I use it to help clear out areas for the neighbors and others in my neighborhood. Since I may have to espond to an emergency with my fire vehicle, keep my parking area clear to get out of the now," Tiffany said. photo by p. tiffany LET'S . Victoria Hendricks '21 vrestles her brother, Tyler Hendricks '21, to the ground of snow in their front yard Monday afternoon once the snow stopped. "Once we were done shoveling, I drove my jeep and went fishing," Tyler said. "I do not love that in Colorado the weather is 50 degrees the day before and then a blizzard the next." photo by c. hill **S** ET. While shoveling in the backyard ershon Brooks '21 and Jalyn Brooks '24 pose for a photo with their dog, Reyna, for their mor Roxanne, on March 15. "All we kept saying is 'are we done yet' as we shoveled for almost three nours," Jalyn said. photo by r. brooks M Sunday afternoon, Grayson Levens 24 uses a ruler to check how much snow has cumulated on the ground. "I was interested to ee how much snow we would get so I had to measure it with a ruler," Levens said. "I did a ot of snow shoveling, but then I played in the snow with my dog and went sledding.

photo by g. levens

IE. Elizabeth Cronk '23 holds up

plate of cheery snowball cookies against the



story by z. stanley

FOX31 NEWS meteorologist Covid regulations, had windows on their lessica Lebel issued a severe weather alert late June 6 when winds reached close to 80 miles per hour.

> The strong winds took out the big "Christmas Tree" in front of Historic City Hall. It was a tradition every Christmas, during the Holiday Festival of Lights Parade, for City Council to flip a switch that ignites the bulbs around the tree.

On the other side of town, Copper Rail, who had just reopened dining due to

west side of the building blow out while customers sat on the east side of the

"Some amazing regulars grabbed some plywood and two by fours and were able to secure the hole that night until we could get it fixed. We didn't start seating people on that side of the restaurant until January."

# ERIC WILLIAMSON, OWNER

At the high school, the baseball and softball scoreboards were blown down causing the athletic department to redesign and purchase new ones.

ONE EXTREME TO THE NEXT 015