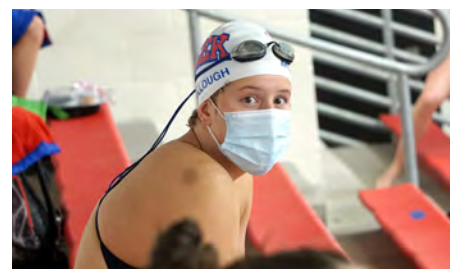


# Diving Deeper and swimming faster

When Kalisi Loveridge ('22) was asked about what her favorite thing is about swimming is, she said that "swimming is the practice of perfection." Kalisi went on to say that "every movement must be correct, every effort must be made in earnest. There is no way to succeed otherwise. I love the accountability swimming demands, the work and sacrifice required to achieve even the smallest of goals. We work in tenths and hundredths of a second - there is nowhere to hide, no excuses to be made. There is always something to work on, always a way to be better. You determine your own success." Anna O'Donnell ('22) says that her favorite thing is "the excitement of getting a new dive or doing well in a meet. You come out of the water smiling and get a rush of adrenaline," while Samantha Hicks ('24) says she enjoys "the fun memories and friends I get to make."

**"You determine your own success"**  
- Kalisi Loveridge ('22)



### How do the coaches inspire you to persevere?

"Their faith in me inspires me to push through. If they believe in me, it makes it a lot easier to believe in myself. And to want to make their faith warranted."  
- Sidney McCullough ('22)



### What motivates you?

"The people I get to train and compete with."  
- Elizabeth Brock ('22)

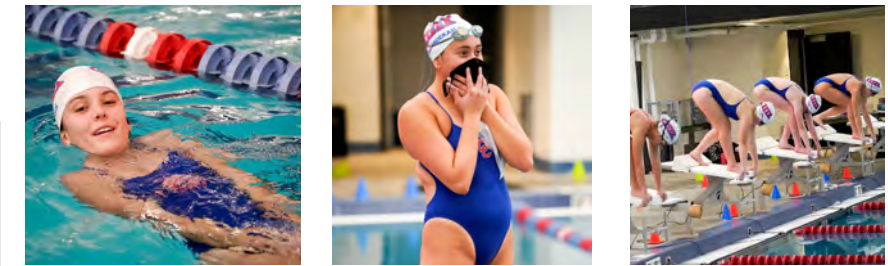
"I love it. It gives me an escape. And I want to be the best."  
- Sidney McCullough ('22)

"The team atmosphere brings me back everyday. I love walking into the pool to see the girls excited for a new practice."  
- Anna O'Donnell ('22)

"Having fun practices and meeting amazing people!" - Finley Jacobs ('24)

"This team. If I didn't have all of my crazy, silly, energetic teammates I would probably not be in swimming anymore." - Morgan McKenna ('22)

"The exercise and the community." - Kaylee Testerman ('23)



### What inspired you to join the Creek swim team?

"I've loved swimming for so long, ever since I joined summer club when I was little. I joined Aquawolves when I was in 7th grade, and after that all I wanted to do was swim. So when I had the opportunity to join Creek, I jumped on the opportunity." - Sidney McCullough ('22)

"I joined the team to meet more people and enjoy swimming in a different way than I did swimming on my year round team."

- Hannah Eckerman ('21)

## [TAKING A BREATHER]



"Swim helps me relieve stress and after I bombed a math test, or am in a bad mood I can always come to practice and take it out in the water to better myself."  
- Morgan McKenna ('22)



**"Swim has made me learn endless lessons about life and has given me lifelong friends."**  
- Elizabeth Brock ('22)

