



Edward Delgado, Sr.



Andrew Cruz, Sr.



Elijah Border, Sr.



Mitchell Nowlan, Sr.

STATE CHAMP



Mitchell Nowlan, Sr. had an amazing season as a team captain with a 17-1 record. He took 1st place at state for the 170 pound weight class which he says is the most memorable moment of the season. Mitchell denotes his win to "the great coaching staff [who] made it easy" and to "the coaches [that] believed in [him] to do so."

STATE QUALIFIERS



On the left, **Benjamin Nagel, Sr.** had an undefeated regular season and placed 6th in state. He was a team captain and lead the team in most falls. Benjamin enjoys wrestling because it is a sport that helps him "push past mental limits to become the best athlete [he] can be." **Candice Brickell, Jr.**, right, placed sixth in state in the inaugural girls' wrestling season. Coronado didn't have enough girls to fill a team, so Brickell and **Marissa Rosario, So.**, competed for Doherty.

RECORDS

- Lewis Palmer 26-45 L
- Pueblo East 36-40 L
- Discovery Canyon 54-27 W
- Air Academy 64-18 W
- Rampart 54-21 W
- Pueblo West 45-28 W
- Mesa Ridge 56-21 W
- Heritage 66-18 W
- Fountain 57-21 W
- Cheyenne Mtn. 30-47 L
- Fossil Ridge 51-24 W
- Doherty 48-29 W
- Pueblo Centennial 58-15 W
- Woodland Park 54-37 W
- Bayfield 54-28 W
- Woodland Park 59-20 W

Customer is allowed to have objects outside of the margin.

TRIM LINE TRIM LINE

TRIM LINE

Wrestling

THE TEAM



Top: Ashton Wilson, Mitchell Nowlan, Joshua Briley, Andrew Cruz, Eric Metcalf, Matt Brickell, Bill Lagergren, Clint Brickell, Brady Chauvin, Chase McElhany, Christian Thompson, Edward Delgado, Jose Maes, and Elle Freer.

Middle: Skyler Bodine, Luke Smith, Joseph Dagostino, Tanner Pearson, Cade Wynia, Benjamin Nagel, James Kloth, Ty Leonard, Colton Jagers, Jose Maes, and Thomas Holt.

Bottom: Luke Diehl, Luke Plaisted, Say Doe Htoo, Coletta Montiel, Elijah Border, Candice Brickell, Daniel Garcia, Brandon Garcia, Gabriel Williams, Matthew Lucero, and David Moore.



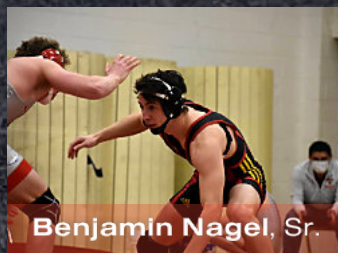
On the left, **SayDoe Htoo, Sr.**, says that he feels "very accomplished for getting third in regionals in a shortened season" If it was a regular season he "would have gone to state wrestling!" **Edward Delgado, Sr.**, right, took third in regionals and had a great overall season.



Luke Diehl, Fr.



Luke Smith, Jr.



Benjamin Nagel, Sr.



Mitchell Nowlan, Sr.

Despite starting late and having different restrictions, the team had a great season with going 13-3 overall in duals. The Cougars also took third place at regionals and thirteenth place at state. Two cougars competed at state and Coronado gained a 16th state champ: **Mitchell Nowlan, Sr.**

