

MORE MATCHES

AP Bio students work to cram a semester's worth of labs into one Friday session



"I personally find this field of science very interesting and there's always more to learn about and it is the study of life," **Bruno Gallegos (11)** said.



"I personally have had a difficult time getting my plants to grow but that's just one of the challenges of doing biology labs," **Alex Hunyadi (12)** said.



"The first lab was about Gel Electrophoresis. We tested DNA from multiple samples and compared them to a fake crime scene sample. Then the growth of E. coli under different circumstances," **Lacey Napoli (12)** said.



"I think I like working in a group better because if you don't know how to do something you always have someone to help you and it makes the lab more fun and easier at the same time," **Skyler Seybold (11)** said.



DOMINATE FROM A DISTANCE

The Debate team prepares for their virtual matches against unknown opponents at Longmont High *story by ella jackson*

The stress and chaos of forensics debate is rampant, especially with the debates being online due to COVID-19 restrictions. Between preparing notes and trying to get links to work, it was especially hard for students like **Mia Novick (11)**. "I just think the reliance on technology this year is really hard, and it's just kind of awkward when you're in the middle of a speech and your technology cuts out," Novick said. In addition, many of the sign-in links failed, causing multiple people to miss their debates and in some cases, get disqualified overall. With the challenges of this year, there is also the addition of anxiety and stress before debates for students. "I usually handle the stress before a debate match by checking over my cases and thinking about things I'm going to say, especially in 1v1 value debate, I don't have time to write down my initial case word by word,

so I write my main ideas and speak out loud like I'm presenting," **Alex Desmond (9)** said. Despite the setbacks of debate this year, there are other reasons to stay committed to debate such as potential career paths. **Caleb All (11)** is interested in following where Debate might take him. "I have an interest in a future career as a lawyer so I thought taking Forensics would be a really good way to get familiar with speech," All said. The debate team's results were great this year with **Bernie Hund (12)** winning his second consecutive humor State Championship. **Caleb All** and **Lauren Roberts (11)** also had incredible tournaments and made it to Lincoln-Douglas Debate semifinals before both losing their rounds there. The team fought hard for their places and can't wait to start up Debate again next year.



1. COMEDY COMES NATURALLY. A very enthusiastic **Bernie Hund (12)** practices his comedy kit before his match. Hund has a natural sense of humor, which has helped him win this portion of debate in the past. "Speech and Debate is my sport, that's the thing I'm really good at and I pride myself in being good at it," Hund said. **2. PRE-DEBATE JITTERS.** **Luke Riddle (9)** nervously prepares for a debate against an unknown opponent. Riddle has only been in debate for one year, but is really enjoying it so far. "I feel better after a debate because I don't know if they are new and an easy round, or the number one kid in debate," Riddle said. **3. RUNS IN THE FAMILY.** With seeing and hearing the ins and outs of the Debate program from his family, **Alex Desmond (9)** is ready to compete. "I have family ties to this debate program, and a sister who placed nationally, so I have experience with the system, and I am a very competitive person which makes debate really fun for me," Desmond said. **4. LIFE LONG SKILLS.** **Eva Holwick (11)** applies



the skills she's learned in Debate to her other classes at school. She has used her debate skills to form stronger arguments outside of school too. "I would definitely recommend Debate because it has helped me learn how to talk faster and articulate speech, and it also helps with quick thinking," Holwick said. **5. TECHNOLOGY TROUBLES.** The debate tournament relied completely on technology this year, and **Mia Novick (11)** had some difficulties with entering her debates. "I think the technology is hard this year because everything is online, so it's just kind of awkward when you're in the middle of a speech and your technology cuts out," Novick said. **6. ORGANIZATION IS KEY.** **Ben Howard (9)** has a specific way of color coding his notes during a debate. This technique helps Howard develop the strongest speech possible to oppose his opponent's argument. "I have a blue pen that I use to keep track of arguments, a green pen to label my opponents' arguments that are weak, and a red pen to label my opponents' strong point," Howard said.

