# SIXIE'S **SCREENS**

Sixth grade students show off their home screens.





PARENTAL LOCATION. Olivia Davis (7) texts her mom, trying to find her in the long line of cars. "I normally use my phone to text and call people," said Davis. The parking lot became more busy this year with fewer students allowed on buses. COME GET ME! Ryan Bushell (7) waits for his mom to pick him up. "My phone...has been really important this past year," said Bushell. It was a way for him to stay in contact with friends and family.





Denial. Everybody does it. Denial that you like that new kid in science. Denial that you failed that math test last week. Denial that you forgot to clean your room. But, most importantly, teens deny their addiction to screens. Come on, be honest. In a recent poll of 413 Drake students, 13.8% of them admitted that they were addicted to their phone. 36.9% said, "Maybe." The same poll also revealed that 17% of Drake students spend 10 or more hours on their phones a day. Phone use becomes a problem for Chase Drake (7) "when I get on it and I can't get off it when I tell myself I would." Most students only spent a few hours until screens became an issue, but even these self reported numbers seemed high. "I spend about 5 plus hours on it at a time," said Conner McElhinney (8). Other students thought that their obsession was not caused by the content on the screen itself, but by the restrictions applied to it. "I have a screen time limit on my phone allowing me to have two and a half hours a day," said Acadia Alex (6). Whatever the issue, screen time was a serious problem for teens all throughout Drake.

# Caleb Coffing (6) Settings Screen Time CALEB'S IPOD TOUCH Daily Average 3h 55m ₱ 7% from last week See All Activity

Kathleen Van-Devener (7) Screen Time 6h 12m 20% from last week





# HONE

### Students address screen obsession.

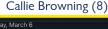
#### By Kyra Henson

Invented in 1876 by Alexander Graham Bell and developed into today's pocket sized addictions, phones took over daily life. More than ever, phones were a necessity for a major percentage of Drake's students. "My phone is an issue when I'm doing online school. It's not good, it's extremely distracting," said Branden Lee (8). With access available three school days a week in hybrid, students found themselves losing focus on school and becoming distracted by social media and conversation. "My phone is definitely an issue if I am Face Timing when on Zoom," said Ashlyn Callahan (7). Ashlyn is not alone in this struggle. "I used to FaceTime friends during classes and not listen to the teachers, then I would not know what to do on the assignments we do," said Irelyn Frisk (7). More often than not, students paid attention during class, but

were sucked into their phones when it was time to do homework. "My phone becomes a problem for me when it takes up my homework time, because I have to get my homework done in the time I give myself. If I am on my phone during that time, I end up having to stay up really late trying to finish homework," said Eliana DiManna (8). Other students found that neither them nor their phone was the issue, but instead it was the constant communication between friends that was only accessible by phone. "My phone becomes a problem when my friends text me while I'm trying to do homework, which distracts me," said Kayla Grenwis (8). With friends coming and going to school on different days, loud ringers are constantly a problem for students like Julia Lee (6). "My phone is an issue only when I forget to turn off my ringer during school," said Lee. With the issues that phones brought, students struggled to find a balance between school and social life.

#### Tara Donaldson (7)





-Bergen Sands (6)



#### Samuel Beirbrauer (8)



## **ARE YOU ADDICTED?**

Students reveal if they are addicted to phones.

