

# Cookin' It Up in the Kitchen

An Insight on the RHMS Kitchen and Staff



Photo By Haennah Rozen



Photo By Hannah Rozen



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## Sauces and Smiles

Kimmy Blamchard puts the caps on the marinara sauce for the days lunch, Feb. 3. There are many students who enjoyed dipping their Bosco sticks in marinara sauce for the extra flavor. "My job is to fill up three ounce cups with marinara sauce then we serve it with Bosco sticks. I love my job because I get to keep kids healthy," Blanchard said.

## A Little Bit Chesy

The pizza for the days lunch is on the racks before it gets cooked, Feb. 3. There were a lot of students who would come to the cafeteria ready to have some pizza. "Being kitchen manager comes with a lot of challenges but it is the best job anyone could have," Dolond said.

## Ice Ice Baby

Silvia Wilkening carries a bucket of ice to the lunch line, Feb. 4. Wilkening needed to put cold bevreges on the ice so they would stay cold and so they would not perrish. "I love working with the other staff members to make sure that kids get healthy food," Wilkening said.



# Snack Attack

7th graders share their favorite snack!

## 1. Soft and Chewy

Steve Abrham (7) explains how Granola Bars are his favorite snack to eat, Feb. 5. Abrham brings his granola bars to school everyday. He liked how granola bars are soft and chewy. "Granola bars are my favorite snack because they are easy to bring to school every morning and fit in my backpack," Abrham said.

## 2. Everyday Snack

Ryland Posner (7) explains how his favorite snack is Oreos Feb. 5. Posner enjoys eating his snack when he gets home from school almost everyday. He liked the icing in the middle of the ores and described how that is his favorite part. "Although all ores are good, my favorite ones are the minis," Posner said.

## 3. The Perfect Flavor

Lakota Soqui (7) loves any kind of lays chips, Feb. 7. Soqui loves barbecue chips because they are the perfect combination of flavors and seasoning. Soqui brought them to school everyday and brought a chocolate milk along with it too. "I bring chocolate milk so the flavor doesn't get too strong and chocolate milk is the perfect balance" Soqui explained.



Photos By Zoey Benda



# Super Bowl Bash Down

Students Choose Between the Chiefs or the 49ers



Photo By Shea Thompson



Photo By Izzy Orner



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## 1. Rooting for the Niners

Mia LeGrande (7) roots for the 49ers to win the Super Bowl, Feb. 12. LeGrande grew up in San Francisco. "The 49ers are my hometown football team. I always have loved them," LeGrande said.

## 2. Go Chiefs!

Reese Waller wants the Chiefs to win the super bowl, Feb. 12. Waller always has supported the Chiefs football team because they have always shown great athleticism. "I was born in Kansas and both of my parents went to school in Kansas City and I lived there for a few years," Waller said.

## 3. Chiefs All The Way

Phoebe Seager (7) wears her Kansas City Chiefs spirit proudly after their big win against San Francisco 49ers Feb. 3. Seager has always been a huge fan of the Chiefs because they always are impressive. "I was rooting for the Chiefs because they are from my hometown and I enjoy showing my support and spirit towards them," Seager said.