

INDOOR VS. OUTDOOR CLIMBING

Which is harder; climbing indoors or climbing outdoors?



donated by isabel curry

Some people think that climbing is a really hard sport, but Isabel Curry (10) disagrees.

"It's not hard because if you just push yourself and do the right workouts, you [can] get better at what you're struggling with," Curry said.

Curry has a strong passion for rock climbing and loves to push herself to do better.



donated by cassidy colvin

Cassidy Colvin (9) disagrees with Curry, and thinks rock climbing is a difficult sport.

"It's definitely a hard sport because it uses all your strengths like your arms, your legs, your core and your fingertips," Colvin said.

People like indoor and outdoor climbing for different reasons.

"I like indoor [climbing] better because I do it more and I feel more safe, but I really enjoy outdoor climbing," Colvin said.

GENERATION SKI



donated by deveny andresen

Learning from the best

Most people who ski learned from a professional, who might be a person they didn't know, but for Deveny Andresen (10), that was not the case.

"My mom worked in the ski industry, so she taught me and ever since then I've loved it," Andresen said.

Andresen used skiing to connect with her family and spend quality time connecting with them.

EXPLORING THE WORLD

Hiking and backpacking help people escape from reality

People could do sports by going outside and going on an adventure. Hiking and backpacking were great ways to get outside and be able to experience all of the things that makes nature so special.

"It's a really nice opportunity to just get out in nature, get some exercise as well, explore different areas and just get away from different pressures of society," Jack Bushong (11) said.

Hiking and being out in nature also calmed people down and let people think in a different adventurous way.

"Going on hikes and just being completely surrounded by nature is fun and relaxing for me," Joshua Hymes (12) said.

People also got lots of different experiences when backpacking or hiking that were very adventurous and different from other sports.

"I was hiking with a bunch of friends, and we were at camp, and our counselors left us behind as a training exercise, and so they just left us behind and we had to survive on our own for five hours, and we just goofed off the entire time," Hymes said.

Sometimes people had the chance to spend time with their friends, but they also got to encounter really cool animals and things in nature.

"We were up at this lake and we had sat down on a boulder next to the lake to eat lunch and this big horned ram came up and started digging through my dad's backpack and it [was] obviously [digging for] the salt-big horned rams like the salt. So he tossed out my dad's wallet and everything. So he essentially had us cornered and we weren't sure what to do because we were between a freezing icy lake and the big horned ram. Eventually, it just walked away, so it's fine, but that's kind of interesting," Bushong said.

page by natalie hunt, josue sarellano-avalos, and erica matthies



donated by jack bushong

RACING TO THE FINISH LINE

Mountain Biking Club competes in state finals

FOCUSED RIDER Joseph Elliot (10) competes in the state championships. "You get to travel a lot of places to do races and you get to meet a lot of new people from different teams," Elliot said.

HARD WORKER Aiden Swift (10) bikes over an obstacle at the state finals where he placed 10th. People might think mountain biking would be easy, because it's just riding a bike, but there are different levels. "Biking can be hard; it just depends on how you make it. Just like any other sport you can try hard or you can go easy," Swift said.



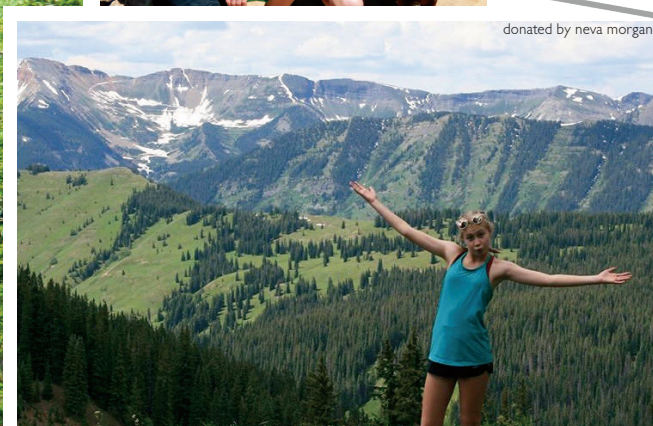
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BACKPACKING BROTHERS Jack Bushong (11) and Ryan Bushong (11) backpack Mt. Sopris in the northwestern Rocky Mountains. "It was kind of a remote area so I just kinda got to get away from people. It was also really beautiful because the glacier was there," Jack Bushong said. **14,439 FEET** Jack Bushong (11) and Ryan Bushong (11) hike Mount Elbert, the tallest peak in Colorado at 14,439 ft. "It was really difficult and grueling but it was a nice challenge, and the views at the top were spectacular," Jack Bushong said. **NEARBY NATURE** Neva Morgan (10) captures the joys of nature while hiking Mt. Gothic in Crested Butte. "I like going out and getting physical exercise while being outside, and I really like being with nature," Morgan said



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BLISSFUL BIKER Trey Barber (10) bikes at Granby Ranch. "The main things I like about mountain biking is how free it is, once you learn to ride a bike well, there's nothing really stopping you. You know, there's so many different disciplines in mountain biking," Barber said. **FATHER SON FUN** Jack Seidler (12) is handed a water bottle by his father, who is the coach of the team. "Him being the head [coach] I always have to stay for everything, so I get to spend more time with the team," Seidler said