



Isabel Flenard competes in the 100 meter butterfly at A-Leagues on Feb. 8. "I definitely think most of my success comes from hard work," said Flenard. Photo by Jordan Pazos



Flenard swims in the 400 freestyle relay. Flenard started swimming when she was just 10 years old. "My mom put me in lessons and I just became naturally good at it," said Flenard.

Photo by Madeline Klayer

**O9TH** 400 Freestyle Time: 3:42.75

10TH 200 Freestyle Relay Time: 1:42.96

15<sub>TH</sub> 100 Freestyle Time: 55.39

Infographic by Annika Rennaker