—MLK Jr.



Although Ι spend forever going on and

me, or any of my siblings, for

When I was younger and ter where it was. He would give I can remember. I believe espe me advice on how to be "tough- cially with the month of "love, er" and up my game more. He that we all need to take a momen was there every time, and would out of our day to say "thanks.

never fail to encourage me Emilee Montiel when I happened to fall short I do not get sick very = often, however, when I do, my rince it is the month of Feb-mom turns into the hook-up. Truary, I decided to show She makes her famous chicksome love for my parents. I en noodle soup and does ev appreciate all of my parents' erything in her power to make love and support for abso- me feel better. While this may lutely everything in my life. not seem like a lot, in a time could of need, it is all that I want

I think that a lot of othon about a significant other, er students like myself take for my parents deserve the recog-granted the gift of having such nition for how awesome they good parents. My parents, like are. Throughout the short six- many of my fellow students teen years of my life, my par- I'm sure, do not take enough ents have never left my side. time out of a day or even a They don't give up on week to thank our parents

Not only am I very that matter, even if they want thankful for the love my parto kill us all, at times. No mat- ents provide me this month ter what the circumstance is, but I am all the time as well. both my mom and my dad know I am guilty of not acting both show their unending sup- like I have great parents at times port for me. I do not believe I but I do. I hope that every oth would ever be able to fully ex- er kid gets as lucky as I do with press my thankfulness for them. having such amazing parents

My mom and dad have decided to try my hand at play- both been my broken-heart-healing basketball, my dad showed ers, my number one fans, and my up to every single game, no matpersonal comedians for as long as

My Parents' Love Valentine's Day Clichés



ebruary, the month of giving a loved one. and getting love. Cuddling up with that special someone on romantic movies. Snuggled up the 14th of February. Going to with the person you love the watch a movie, receiving choco- most, watching a movie of the late, receiving flowers or maybe perfect couple. Nothing tops even receiving a love letter. All crying because your relationship the fun cheesy ways to show af- will never be that good. Holding fection and they all are the same each other while you both sweat thing, they are all extremely cli- in each others arms. Holding in

flowers. I would steer clear of both of you. You both begin to anything that screams, "get well stink because it's 72 degrees insoon" or getting some pretty pity side and your girlfriend wanted a flowers. Flowers are great for nice warm blanket. Sounds super hospital patients. But, Nothing romantic to me. is more romantic than a basket of flowers that you'll find in a tic dinner? Nothing says I love love and so many Clichés. There graveyard or a hospital patients you like you both stuffing your

mouthful of cavities. A good box their laps and there is food on of chocolates that will definitely that fancy shirt that you wore. So make you gain that relationship romantic spending eighty dollars weight you've been so scared to on a two person meal. Having to gain. A box of chocolates that talk quietly because you have an gifts. Or getting them a sweet makes your dentist run for the audience of others eating dinner hills. Nothing like a box of pure at the same place. You will have a mouth full of cavities. That is sugar that will give you a nice to wait an hour just to get a seat my advice, take it from me and mouthful of cavities.

when the first poor man gave his Definitely sounds romantic to -Staff Writer— wife a big box of chocolate. Now making chocolate a go to gift for

My personal favorite, your pee because he's laying on Let's start with every- you and at any moment in time one's favorite thing to receive, it could be game over for the

How about a nice romanfaces. Looking at that special Jumping right into a nice someone while food drops into with food crumbs on the seats, just be creative.

Dating back to 1822 sounds like the best date to me

My goodness let's not get me started on the teddy bears. I am not just talking about the average sized stuffed animals. The 4 foot teddy bears that will sit in the corner of your room and collect dust. A teddy bear that will probably just be given to goodwill or stuffed in the attic. Just wait till your new little puppy gets way too excited and tears it to shreds. Now you have to clean up mountains of teddy bear stuffing and you have to take your puppy to the vet, yes indeed he ate around a pound of stuffing. I don't know why that would even sound romantic, spending \$50 on a dust collector.

Valentine's Day, the day of are so many more to watch for when getting that special someone something to show that you really care. Be smart out there ladies and gentleman. Make sure you aren't cuddling in sweat. Try to steer clear of the "get better" box of a dentist appointment and

Connection: It Has A Lasting Importance



A friendship with someone

fact that we sometimes can't ship will slowly dwindle away. find the exact amount of closeness we need in order to feel struggle existed in every relathe ultimate connection. This tionship we have ever faced, idea of closeness not only ex- but it is also these bonds that

ing close to everyone, even if Dominique Lopez they aren't your closest friends. idea that if we face the strug- that they will be on my side. we just have each other's sup-

Human beings not only need this closeness, but we sn't it funny? The reality of seem to crave this ultimate able to influence that close-■ how much we feel the need feeling of connection. This ness in any other relationship. to be loved or at least have a can be with your friends, but is worth making us feel, well, family. Ultimately the choice known. As I have slowly tak- of finding that closeness with en the steps back into a life a friend will tie into the deciof accepting more people this sion of whether or not you are has become extremely appar- close with your family, because ent in showing how much this that is the ultimate bond that connection is actually worth, defines all your relationships.

It is this closeness with that we ever want to make us just a connection for that will deutmost amount of trust and love. in your life, when it comes to Sometimes it can even these close bonds of course. If come down to the simple deci- there is a situation where you sion between friends you want to are constantly feeling knocked keep for the rest of your life or down by someone or don't even just allowing them to be someone feel like you are close to anyone, you once knew in high school. this will affect every relationship ship can simply come from the to put your all into a relation-

Not only has this bonding ists in the idea that we need to ruin every relationship that be close, but in the idea of so- we try to achieve perfection cializing with one another every in. This bond is what we ulti-

gle of a really close bond, we face the problem of being

This loss in bonds may connection with someone that this can also exist within your cause a "fit" in the relationship that you thought was the closest bond to ever exist in your life. Sure, these "fits" hurt everyone in that relationship, and yes, they make the idea of being close to number one friend would have reflective it is toward helping anyone move farther and farther away, but it may actually support this relationship more and probably pick me out of a line be the ultimate bond that holds you are close to seems to be all someone who you actually feel bring you all closer together. just from one secret. That is us together, the bond that fol-

feel a close connection, with the fine every decision you make of closeness again. The absolute I, once again, feel the ultimate and the bond that defines each need for that human connection bond of needing her closeness. and every relationship we have that defines every relationship we have. This need is something that from my perspective will be something that will follow us around for the rest of our lives.

Even for those of us who These needs in a friend- you have and the want or need only have a connection with our family because we are too nervous to go out, find friends, and be vulnerable. This is a bond that is following us around all the time. I know that I sure as heck couldn't live without it. For me it is a moment of if I don't have my friends to be there and sup-

We see it every day, the ery decision. So I always know one another, and truth being told,

As I said in the begin- port in any decision we make. ning, I am just barely allowing myself to enter this realm has shown the whole truth beagain. This isn't because I feel hind those I really want in my the need to have absolutely no corner. It has also proven who is friends in my life, but more be- really there for us when it comes cause of the fear of vulnerabili- to deciding the best outcome for ty. Vulnerability and the fear of our future. All this and I realize getting hurt or getting exposed. how true this connection with

to be my sister. She knows my me decide who is there for me. every secret, and honestly could

together, or at least, I think.

This connection however I have friends but my my teammates has been and how

Connection, it seems to Here is the idea of that need my handle and my bond where lows us around our whole life, Now as I have continued This is how we determine who to age and find more ultimate we want to have in our corner bonds, it seems to be most ex- and the people we want to keep istent with my swim team. We close to us after high school. A have the great bond of all com- bond never lifting and making us ing from different upbringings all feel like we can be as vulnerand that is honestly something able as we want without feeling that has brought us all so close like they will stab us in the back. We fall back on this con-

Yes, we fight just like any nection time and time again. It is other friend group but still, we the way that we can finally feel have established this bond as our complete. This bond can exist own. Something that no one can within your family and most like take away from us. Without us ly would translate to the friendall being close together we know ships in your life. If something port me, then I have my family, that we can't accomplish every goes wrong in your family it will day. However, this also needs mately need in order to make they are always in my corner goal that we have set out for our-translate to every bond you try to to exist in the idea of just be- any other relationship work. and always supporting my ev- selves. We have the support of have. This is the ultimate bond.