



An engaging and clear story, this podcast explored a weird occurrence: a rapid growth in the discovery of new dinosaur species. Logically, there should be less fossils found as time goes on, but due to a renewed interest in dinos by countries and universities, the opposite is now true. The podcast goes on to explain this phenomenon, utilizing cool audio effects like T-rex roars and pterodactyl screams along with a captivating narrative, culminating in a real world connection and presenting an inspiring message to follow your passions.

Overall the podcast was interesting to listen to and contained enough depth of knowledge to make it worthwhile but was also simple enough to make it easy to follow. The inclusion of various anecdotes sparked curiosity and bringing the topic back to the real world made it much more interesting than a simple exploration of dinosaurs would be. This podcast is great for people who are simply interested in learning new information and dino fanatics alike, providing a fun and informative story all around.



This podcast explores all the intricacies of the smallest habitable places across the globe. The first season consists of six episodes about Pitcairn, a small British island in the Pacific with a population of only fifty. Wendover Productions, the studio that produces Extremities, explores the outlandish past and present scandals that consume the town, whether it be a revolt on a boat or a criminal trial involving almost all the men on the island. The episodes last about thirty minutes each and engage listeners because of vivid storytelling and a complex plot about Pitcairn.

If that's not your cup of tea, the second season dives into the Norwegian-not-so-Norwegian archipelago of Svalbard. This far north, arctic population exists thousands of miles from other civilizations. With polar bears strolling down the roads, its land hides earthly wonders, forcing innovation and competition since its discovery. Historically, all the European powers wanted a piece of the island, leading to occupation and rivalry during the global conflicts of the twentieth century. Both seasons keep the listener entrenched in these places, making them great for studying or a long car ride.



The main goal of this podcast is to give listeners a place to grow into their best selves by helping them navigate through whatever life throws at them. The podcast explores the complex and often confusing aspects of life such as relationships (...or breakups), school, and self-care. Providing an empowering take on these topics, the podcast is well worth the listen.

The hosts and founders of the podcast, Grenna and Lauren, strive to connect with their listeners and share their personal experiences of the topic being

discussed while also featuring other peoples' experiences. By giving advice on a variety of topics, listeners are easily engaged in the stories and most anyone can find something to take with them from the podcast. Sometimes discussing sensitive topics, the podcast manages to present them not as something to be afraid of, but something to embrace. Essentially, listeners can learn that while nobody is perfect, everyone can learn something from someone else and strive to be a better person.

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