

Over the course of the season, the girls created bonds with each other.

"The team has a really good connection. We make sure our team is together and that helps us perform better," **Ashlee Warren '22** said. The team had pasta parties and went to Panera after practice occasionally. ▶▶

Diving is a sport that not many people can master, although many girls on the team already have. "I like diving because it's challenging and a lot of people don't

do it. It is very unique" **Maggie Buckley '21** said. Buckley broke the 6 dive school record by 59 points in the first meet of the season against Liberty. ▼



RAMBLING SPEED

[Girl's Swim and Dive]

For the past three years the girl's swim and dive team has been on an undefeated winning streak. They have been recognized as a record breaking, hard-working, and dedicated group of girls. The team made their name known throughout Colorado in their 2019 season as well. This has been a record breaking season for the girls. "I broke the 4A state record for the 100 breaststroke. It felt pretty good, but I also worked hard for it," Edenna Chen '19 said. Some of the records that were accomplished this year have not been broken in over twenty years. Throughout their league journey the girls had no problem creating impressive results. In almost every league match, they

defeated their opponent by almost double their points. This reign of victory helped them prepare for their league meet. In the league meet all the girls had a dominating performance. "Winning league was awesome! We were all super excited to compete, and everyone on the team is super supportive so our energy was through the roof," Valentina Ishchenko '21 said. At the end of the CSML conference meet, the girls pulled through and won the title. The Girl's Swim and Dive team has held the league title since 2012. Edenna Chen and Gabrielle Peltier were recognized and the swimmer and diver of the year in the Colorado Springs Metro League. The diving coach was also awarded Diving

Coach of the Year in all of Colorado. The team's very successful season led towards a shot at winning another state title. Sixteen of the swimmers and divers qualified for this very important event. In the end, the girls worked very hard and ended up winning their second State Championship in a row. "Winning state was super cool. It was even better than last year because we were super confident," Lindsey Immel '21 said. This was a very accomplishing season, and the swimmers and divers showed that they were a force to be reckoned with, and won back to back titles. *story by ashleigh decker and devyn jones.*

All swimmers and divers on the team compete in different events based on their skill level. "My favorite event is the 500 free because I like the distance and it's a fun race," **Molly Smith '19** said. Molly was a captain for the swim team this year.



▲ **Gretchen Smith '19** supported her sister Molly at almost every swim meet. "I stood by her lane during her events and yell at her a lot," Smith said. Gretchen made a fat head of her sisters face to help with motivation.

▲ Swim was an enjoyable sport for all the girls on the team. "I'm really close with all the girls on the team and it is a lot of fun," **Karly Loparco '21** said. Karly enjoyed competing in group events like the relay.

▲ The divers on the team had lot of different flips to learn this year. "I like front dives and front doubles," **Aubrey Ellenwood '22** said. The divers have a lot of technique and practice that went into their complex dives.



"Winning league was a huge boost for everyone. It was really great having everyone involved in swim supporting each other at the meet."
-**Gabrielle Peltier '19**