## Let Us Play



'The best part of performing is the aftermath Being done with a show is a great feeling and it's cool to see everything come together. Being a part of the higher level ensembles inspires me because I want kids to be able to look up to me." -Jordan Gales, 12



'The best part is seeing all your weeks of works of work finally coming together. Listening to other ensembles inspires me to be a better musician." -Samuel Wheeler, 9



'The best part about performing is listening to feedback afterwards, from your peers, parents and siblings. The upperclassmen inspire me to be a better musician, and seeing how they perform and vanling to perform like them." -Azlinn Frost-Berridae, 9





Always In Tune 'On having CCJA, I don't think it would have been as good of an experience if we

weren't on stage right behind them. When you're in the audience you don't see the heart of them or hear closely, but I could

hear Paul, the drummer, talking to the band

giving musical cues which I thought was cool I thought it was a great experience for the Jazz Band." -Ryan Valdivieso, 1









'I focus on what I'm doing . I keep a strong mentality on winning and about working my absolute hardest. -Brianna Lukich, 12



"I put on my good music and I'm like "let's just roll, let's just have fun". Sometimes I'll vatch a lot of film just because of the zone defense and learning new things. I prepare by putting on the music, cranking it up, and getting hype to prepare for each game." -Ainsley Miner, 10



"I prepare for my games by going through all the drills I can really hard as many times as I can until they are one hundred percent." -Solana Cokenour, 12



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'I personally joined jazz band after I was invited by Inzerillo after the jazz club night last year, and I knew the opportunity was too good to give up. I grew up listening to jazz and I've just always loved how much heart and soul goes into every piece and performance. The performances are so special because it's completely different from any other music ensemble. You know that all the musicians are dedicated and have worked super hard to make sure the performance is as good as possible. I'm personally motivated by all the other fantastic people. Being part of such a superior group naturally makes you want to push yourself more, and working with live musicians makes singing with them Photo by Joy Sealy all the more exciting. The most

challenging has been creating our own compositions. For the most part, not many of us have experience with song writing or arranging and figuring out your personal style is a really different thing that what you'd do in different parts of the music program. The most rewarding thing is 100% performing. Just seeing how a piece has come together since the first day gives such good insight to how music can go from a couple notes on a page to a beautiful sound. Outside of class, a couple of us get together and have jam sessions, which is honestly my favorite part because it's complete free reign to explore all different types of music genres and work on combining our sound for maximum effect." - Ana Lemus Paiz. 12



Inspired by the Prov Playing here al columbine is great because w to share what we have been working on the last few months. Growing with jazz comes easy because it's fun. Having CCJA here was really ol cause they are professionals and they were like ten feet away from us playing. -Ryan Mosier Photo by Joy Se



right mindset so I can be mentally prepared as well as physically prepared for each dame." -Sara Whitelay, 12

School Columbine



I listen to music that calms we down instead of pumping me up so I can stay cool on the field. I keep myself calm and talk myself down so that I can focus on the job \* -Meredith Noves II

March 4 - March 10 115 Jazz, Band, Girl's Lacrosse



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'IF's a lot of fun to spend the students." -Spencer Greenly, 12 Photo courtesy of Spencer Greenly

**Sledding Smiles** 

There was enough snow for once and I have a hill in my backyard that I haven't been able to go down in forever. . It was awesome because if hasn'f happened in a long fime so was pretty nice to find out that after one snow day, we got another." -Sophia Drager, 10 Photo courtesy of Sophia Drager



"Being in America | finally get the chance to see snow and be in snow, it's been a lot of fun doing different activities in the snow that I would never have the chance to try in Brazil. I never in my life thought that I would miss school because of the cold and the snow. I was so surprised that we got not only one, but two, snow days in a row. A pine free ended up falling in a drive way because of the amount of snow and wind, so on Thursday I had the chance to learn how to use a chain saw. I helped clean up the

**Tubing Times** I was a great way to relax and have fun while calching up on a whole lone homework! With the extra two days and the perfect weather conditions for tobogganing the opportunity was wide open and we couldn't pass up something so fun."-Sarah Rocklin, 10 Photo courtesy of Sarah Rocklin



## **#snowpocalypse2019 vs. #yearbookdeadline2019**



that I was not allowed to go into the school, and we cannoł work on the book remotely. To say I started having a panic attack doesn't do my stress level justice. I had faith that we would make up for lost time, but that was not without scarifies by the Rebelations staff and everyone as school. No snow will ever stop us from giving you an amazing yearbook." -Ms. Kling

"When it comes to the yearbook, the plant that prints our book does not extend our deadlines for ANYTHING! We were under such pressure to get a completed book done and have if be as close to perfect as possible by Monday, March 18th. That meant that no snow or weather was going to stop me from driving into the school to work for as long as I could. This also meant if I got stranded I would need to have my fur child with me just in case. Vega (my Great Dane) and I were ready to sleep in the school if we had to. Unfortunately, by the time I goł ło łhe school and słarłed working. I goł a łexł from Mr. Christy telling me to leave because the weather had started to get really bad. That was only two hours after I got to work. It was a dramatic change in such a sort



"I have wanted a tattoo for years and since I was born and raised in Colorado I knew I wanted to incorporate that in my ink." Hunter Hall, 12

'l got my tattoo because I vanted something that represented my hard times in life and to show that everything has an end bad and good." Alex Gleason, 12





"My forearm fattoo says 'agape' which is greek for unconditional love; it's love that seeks nothing in return t got a cross through it because there's no better example of sacrificial love than Jesus dying on the cross. I got my sunflower on my 18th birthday because I'm from Kansas and the state flover is a sunflover." Summer Fredlund, 12



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down." -Cameron Sealy, 9 Photo by Joy Sealy

# **Bomb Cyclone 2019** What People Did with Their Unexpected Two Day Break!

aftermath, and it was crazy to see just how much snow there was, and how quickly the weather can change here in Colorado. I was able to spend the day in the snow having fun with my host family, building snowmen and having snowball fights. Like many other people. our electricity in the house wasn't quite fully functioning. The lights kept flickering occasionally. Overall, this experience was a nice break from the business of life, and a new memory to take home with me when I leave," -Joao Paes, 12





Wy sunflower means to always find the beauty life and no matter what I go through I'll keep growing and stand tall in everything I do." Lexiss Little, 12

March 11 - March 17 117 Snov Days. Yearbook Deadline. Tałłoos

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a meet. I just pretend like I am at practice and hold fake meets at actual practice." -Nolan Morse, 9. Preparing for the Race 'I think the meet went well. I had a good time hanging out with the team. The team supports each other a lot and has a good time. We all work hard with each other and we go through the struggles together. The meet went by really fast, but I feel like I was really able to improve and cut time on a lot of my events." -Ryker Martin, 10.



Going the Distance

'I like to the 700 freestyle because I like longer distances and I am just better at if. Swim feam is fun because all of the kids are nicer to each other compared to other sports. It also is not as competitive which I like because I am not super competitive myself." -Quinten Buker, 9

Photos by Evanie Gamble



which makes if more enjoyable, and everyone has your pack. If someone gets in trouble we all look out or them. We all support each other at the meets such. At the meets I just like to get in the cone and swim my events, and my favorite event t im is the 100 breaststroke" -Thomas Landford

'On the field we are able to connect by talking.







The Jeam has a really close bond and we all support heering for each other and fer. We all falk in school ifside of pracfice which helps mold. 9

	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		how we stay connected both on and off the field." How we stay connected both on and off the field." -Mary Moran, 9.	cheeringleach other on, and each other all the time. Off t lot with each oth	alvays being supportive of the field, the team does a ther still." -Molly Stutz, 10.	people on the team, but we all having fun on the field and not differences. We push anything as field, which really helps us conn game together." -Brianne Jetter,	vorrying about our helping each ofher to g side vhen ve are on the too and ve get togeth iect and have a better us to stay close." -Ril	jeł beł er ouł
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'Making sure you encourage each other, talk to them.

## **Diving in Deep**

### Keeping the Dedication Going

Nathan Lane shares his thoughts on his swim team after a successful meet agains‡ D'evelyn High. "In my opinion. swim team is a group of very dedicated swimmers. We all really enjoy the sport and show if at these meets. Even though we are a small feam we sfill work really hard and we make up for the fact that we are small. We practice hard to be good at swimming and to do well at these meets. At the meets, we share a lot of camaraderie because of our

small team size. We enjoy all of the fun chants we get to do and all of the fun games we occasionally play at practice. The leam is for everyone, even if you aren'i the best at swimming. It will be good for you to learn and we are all happy to help you out. The team is always helping each other out and were always supporting and cheering each other on no matter what happens during the meet." -Nathan Lane, 12

#### 'l enjoy being able to meet new people from different schools and to do something that most people don't do. My favorite dive is a back | 1/2. It's just a back flip but instead of kicking out, you hold for a half flip to end out in a dive. To prepare for

## **Making A Great Season**



Photos hy Evanie Gamble

How this Team Came to be and Why They're so Close



'l gol recruiled for lacrosse by one o my old coaches and I think it was one of the best things I've ever done. This team has so many different people with so many different skill levels and everyone has a place on the team. We all come together to win games and that's the one definite thing we all have in common. We always encourage each other at games and cheer them on, no matter what. This team is more like a family honestly." Oceana Drevfuss, 10.



As a leam we spend a lot of time together, we hang out a lot and go to practices on our own without coaches. On the field we communicate a lot and encourage each other a ton in order to connect and have a smooth game." -Rayah Alfaro, 1

March 11 - March 17 Boys Svinning, JV Girls Lacrosse, L3 Girls Lacrosse





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