

Music's Effect on People Script
Bella Rulon

1. When I listen to music, I feel a connection to the song I'm listening to. Different types of music affect me at different times. For example, when I'm sad or bummed out, I'm going to listen to the Beatles because they're always going to make me happy. And when I just want to jam out and listen to some fun music, I'm going to listen to Led Zeppelin. And when I want to listen to something unique, cool, and different, I'm going to listen to Bob Dylan.
2. Many people aren't aware of how music can really affect their learning environment and their lives.
 - Quote from Hoyt Benson, student musician: "It kind of depends on the music for sure. Like, if you've got like a depressing piano thing, obviously you're not going to be very happy. If you've got kind of like an upbeat guitar kind of thing going where you're like (music plays), you know you got that kind of cool chords thing going on, then that kind of keeps you interested, and it makes you happy."
3. Music doesn't just affect your mood, but it also affects your memory and your learning as a whole.
 - Quote from Ms. Danelle Rivera, psychology teacher: "I think music can play a role in how people learn. I mean, studies show us that certain types of music, mostly music without lyrics, can help us to focus, but also some people are very much audio learners, so they're going to remember music based on maybe certain special times in their life, you know, that's why people have a song for a couple, you know, that's their song, because it brings back certain emotions."
4. And music can help you memorize new materials so it's freshly in your brain.
 - Quote from Mr. Jesse Bunge, music and choir teacher: "All for the most part recite your alphabet. When you first learned your alphabet, you learned it in the form of a song. Many people use music to help memorize school work, other types of work, etc., etc.... You can take a simple nursery rhyme and put your own words into it to kind of make it cool."
5. Music isn't just background noise, but it can really set the tone for all of our lives. This has been Bella, back to you in the studio.