

HOW TO Thrive

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Are you in high school?

yes

No

Are you involved in sports or clubs?

yes

No

Then you're in the clear.

Do you have any friends in your sport or club?

yes

No

Try to find something that interests you, and don't be afraid to try something new.

Are they in your grade?

yes

No

Try to make some friends. Go up to a student who's also in the club and say hi. You're in the same club, so you already have something in common.

Do you have a close friendship with them?

yes

No

Are they upper-classmen?

yes

No

Do they go to games and other events?

yes

No

Good, now you know you'll always have a buddy to tag along with.

Encourage them to try to go to a game, and show them ways to get excited like dressing up for the theme of the game.

Don't be afraid to contact your club or sports friends out of your practices or meetings. That's the best way to make close friends.

Find some friends in your grade so you aren't heartbroken when they graduate.

Make sure they find some friends in their grade so they aren't heartbroken when you graduate.

Hannah Dyer, *Editor in Chief*



Starting high school can be scary, and it's easy to feel confused in the first couple of months. With this quiz and the rest of our How-To section, you can figure out how to make the most of your experience and thrive in high school.

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