"COMMENTARY!

How Can You Help Be the Cure For



Dominique Lopez -Section Editor-

y family is one of the many that deal with the cancerous gene and have lost our closest family member to metastatic breast cancer. Along with this we have numerous family members that deal currently with breast can-

This has caused a large hole in our family and we now participate in walks to help with curing and making cancer more conquerable as best as possible.

We lost my grandmother to more pain then we had ever imagined. Before we could even realize it the cancer had already taken over all of her and soon the battle would commence. Yet we acted as though nothing was ever

To us she acted as though she had never been diagnosed with cancer for roughly six years. She had lost her hair and wore wigs. She had bad days yet she still spent time with her grandkids.

She was diagnosed cancer free at one point for a

year then by the time we real- our family what was really horrible it can be to more than with this case that changes ized that she was cured it soon happening. took over her body again and treacherous battle.

After fighting for a majority of my lifetime and her lifetime she got to the point where she could no longer function by herself. The night she passed away had us all distraught. My uncle and his family had just come down to see her and helped hide her death from me and my sister.

out she had died they couldn't bare the fact that she died and would have to watch them declare her death and roll her out in a casket. They didn't want to put that amount of stress on

The death of a family member is one of the saddest moments anyone will ever face. It is even worse when it is to cancer. She was ordering food for us roughly a week before she passed away. Her condition getting worse when it did was unpredictable. She had passed her projected due date of death many times before and at that point her death cases cause us as human befinally became real. At that ings to truly realize how real

Our family now focusshe had to continue with the es on the happiness of our life more than we focus on the sad times. We will now use our family hopes for a bettering in our future. The saddest part about her death though is that she only got to meet three out of five of her grandkids, two of them well. She was taken away quickly but her memory still lives on.

> This is one of the few Once my family found hopes those who have to face a death hope for is a long lasting memory. So how many of those deaths are actually cancer related?

> > Throughout the world was an estimated 1,735,350 new cases of cancer to be discovered this year, they also stated that roughly 609,640 people will die from a cancer case according to the National Cancer Institute.

The most deadly case for cancer for both males and females is lung and bronchus cancer with a total of 158,080 deaths according to Medical News Today. These cancer point it finally dawned upon the cancer gene is and how

just the patient.

Colorado is ranked as number 43 in the country for cancer cases since 2013. There is a 250 mortality rate per 100,000 people and there were an estimated 139.60 deaths according to WTOP's article titled "States with the Highest Cancer Rates."

According to Alamosa News the San Luis Valley Health hospital had over 1,341 cancer patients last year (2017). These awful rates cause us, as human beings, to look for the answers and know how to cure these cases. We want cures and answers so this problem can no longer be so deadly.

A lot of these problems come from an unhealthy lifestyle. These cancers don't have to be genetical, they can also come out of nowhere even though you thought you were fine.

These problems are what makes this cancer gene so horrible and common if you think about it. Did we know about cancer this commonly before when we only had a few cases? How can we stop this? How can we help one person or millions of people's lives?

You alone can volunteer for hospice and help out with the families that have

You can also allow someone relief from a stressful night when dealing with a cancer patient. I know that whenever my family and I went to a chemotherapy appointment they distracted us by taking us to play at the same park nearby.

If you know someone who is dealing with this patient but can't donate money to support them invite them over. It is better to be with someone who shows that they care rather than no one.

As high schoolers we don't have a lot of money to support cancer but we have friends and open arms ready to support anyone by showing them that you are there when they are dealing with a newly diagnosed cancer patient.

Go out there, be the difference for cancer. Help someone feel cared for. Stop this gene from coming to you so you don't become another statistic in the world.

October is College Application Month!

For more information or have any questions talk to the counselors in the guidance office.



Sign up for AHS Scholarships on Team App to stay updated on scholarship deadlines and other upcoming events.

College Representative will be at AHS to help with applications and to answer any questions on these following dates

Oct. 2: Adams State ALL DAY Oct. 3: University of CO - Boulder- 9am-11:30am Oct. 9: University of CO - CO Springs- 9am-10am Oct. 16: CO State University - Fort Collins- 9am-11am Oct. 16: CO State University - Pueblo- 9am-11am Oct. 18: CO Mesa University - 9am-11am Nov. 5: University of CO- Denver- 9am- 11am TBD: University of Northern Colorado TBD: Fort Lewis College

TBD: Trinidad State Junior College



FAFSA Workshop ASU Financial Aide person will be available to help complete FAFSA and answer questions on Oct. 8 and Oct. 17 in B112 Computer Lab.



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